

Company	Category	Product Name	Amount	Unit
Mornington	D	Butter Goat Milk Butter	250	g
Mornington	D	Butter Goat Milk Butter Sea Salted	250	g
Sterling Creamery	D	Butter Salted	1	lb
L'Ancetre	D	Butter Salted Organic	250	g
Sterling Creamery	D	Butter Unsalted	1	lb
L'Ancetre	D	Butter Unsalted Organic	250	g
Wilton Cheese Factory	D	Cheese Curd Yellow	225	g
Maple Dale Cheese	D	Cheese Curd White	200	g
Maple Dale Cheese	D	Cheese Curd White Garlic	200	g
Maple Dale Cheese	D	Cheese Curd White Jalapeno	200	g
Maple Dale Cheese	D	Cheese 1/2 Moon Caribbean	225	g
Maple Dale Cheese	D	Cheese 1/2 Moon Dill & Garlic	225	g
Maple Dale Cheese	D	Cheese 1/2 Moon Mediterranean	225	g
Maple Dale Cheese	D	Cheese 1/2 Moon Onion	225	g
Maple Dale Cheese	D	Cheese 1/2 Moon Pesto	225	g
Maple Dale Cheese	D	Cheese 1/2 Moon Roasted Garlic	225	g
Wilton Cheese Factory	D	Cheese Mild Coloured 1 lb	454	g
Wilton Cheese Factory	D	Cheese Medium Coloured 1 lb	454	g
Wilton Cheese Factory	D	Cheese Medium White 1 lb	454	g
Wilton Cheese Factory	D	Cheese Old White 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Extra Old White 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese 4 Year Old-Coloured 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Marble 1 lb	454	g
Wilton Cheese Factory	D	Cheese Mozzarella 1 lb	454	g
Wilton Cheese Factory	D	Cheese Brick with Olive 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Colby 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Feta 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Havartie 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Hot Pepper 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Jalapeno Havartie 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Onion & Garlic 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Parmesan Block 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Parmesan Grated 1/2 lb	227	g
Wilton Cheese Factory	D	Cheese Slices 1/2 lb	227	g
Maple Dale Cheese	D	Cheese Smoked Wedge 1 Yr	225	g
Wilton Cheese Factory	D	Cheese Swiss 1/2 lb	227	g
Maple Dale Cheese	D	Cheese Wine Quarter	225	g
Skotidakis	D	Cheese Feta Cow and Goat Milk	200	g
Woolwich Dairy	D	Cheese Goat Milk Cheddar	190	g
Celebrity Cheese	D	Cheese Goat Milk Feta	200	g
Woolwich Dairy	D	Cheese Goat Milk Feta	200	g
Woolwich Dairy	D	Cheese Goat Milk Mozzarella Rennet Free	190	g
Woolwich Dairy	D	Chevreai Spreadable Bruschetta	113	g
Woolwich Dairy	D	Chevreai Spreadable Fine Herb	113	g
Woolwich Dairy	D	Chevreai Spreadable Roasted Garlic	113	g
Wilton Cheese Factory	D	Cream Cheese Herb & Spice 1/2 lb	227	g
Limestone Organic Creamery	D	Cream Coffee 10% MF Organic	946	ml
Limestone Organic Creamery	D	Cream Whipping 35% MF Organic	500	ml
Country Side Vita Eggs	D	Eggs Free Run Large	1	doz
Country Side Vita Eggs	D	Eggs Free Run Omega 3 Large Organic	1	doz
Nutri Egg	D	Eggs Nutri Egg Large	1	doz
Pinehedge Farms	D	Kefir Organic	1	Kg
Limestone Organic Creamery	D	Milk Chocolate Organic	946	ml
Mornington	D	Milk Goat Milk Organic	1	Ltr
Limestone Organic Creamery	D	Milk White 1.0% MF Organic	946	ml
Limestone Organic Creamery	D	Milk White 2.0% MF Organic	946	ml
Limestone Organic Creamery	D	Milk White 3.8% MF Organic	946	ml
Limestone Organic Creamery	D	Milk White Skim Organic	946	ml
Limestone Organic Creamery	D	Milk White Unhomogenized Organic	946	ml
Pinehedge Farms	D	Sour Cream Organic	500	g
Pinehedge Farms	D	Yogourt Organic	1	Kg
Mapleton's Organic Dairy	DFZ	Ice Cream Vanilla Organic	473	ml
Kawartha Ice Cream	DFZ	Ice Cream Black Cherry Frozen Yogourt Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Black Raspberry Thunder	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Black Raspberry Thunder Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Blueberry Cheesecake Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Bordeaux Cherry	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Butter Pecan	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Butterscotch Ripple	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Caramel Snappers Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Chocolate Peanut Butter	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Cookies & Cream	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Death By Chocolate	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Death By Chocolate Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream French Vanilla Bean	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Heavenly Hash	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Maple Walnut	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Mint Chip	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Moose Tracks	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Moose Tracks Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Peanut Butter Chocolate Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Pralines & Cream	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Salty Caramel Truffle	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Salty Caramel Truffle Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Strawberry	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Strawberry Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Vanilla	1.5	Ltr
Kawartha Ice Cream	DFZ	Ice Cream Vanilla Scooping	11.4	Ltr
Woolwich Dairy	DFZ	Ice Cream Goat Milk Chocolate	700	ml
Woolwich Dairy	DFZ	Ice Cream Goat Milk Vanilla	700	ml
Kawartha Ice Cream	DFZ	Sherbet Orange Scooping	11.4	Ltr
Kawartha Ice Cream	DFZ	Sherbet Raspberry Lemon Lime	1.5	Ltr
Kawartha Ice Cream	DFZ	Yogourt Frozen Black Cherry	1.5	Ltr
Kelp Caviar	F	Kelp Caviar Wasabi Flavor	50	g
Imperial Caviar	F	Masago Sushi Caviar Red	50	g
Bar Harbor Foods	FC	Bisque Crab & Lobster Bisque	294	ml

Bar Harbor Foods	FC	Bisque Lobster Bisque	284	ml
Bar Harbor Foods	FC	Fish Chowder	398	ml
Bar Harbor Foods	FC	Clam Chowder	398	ml
Bar Harbor Foods	FC	Clam Juice	240	ml
Bar Harbor Foods	FC	Fish Stock	398	ml
Bar Harbor Foods	FC	Seafood Stock	398	ml
Wild Ocean Fish	FFZ	Fish Burgers Halibut with Pacific Cod	180	g
Life Choices	FFZ	Fish Fillets Breaded	600	g
Bar Harbor Foods	FC	Herring Fillets Wild Seasoned with Black Pepper	190	g
Bar Harbor Foods	FC	Herring Kippered Wild Natural Smoked	190	g
Imperial Caviar	FC	Herring Smoked with Maple Syrup	198	g
Imperial Caviar	FC	Herring Smoked with Mustard	198	g
Imperial Caviar	FC	Herring Smoked Natural Flavor	198	g
Raincoast	FC	Salmon Wild Sockeye Smoked	150	g
Raincoast	FC	Salmon Wild Sockeye No Salt Added	160	g
Raincoast	FC	Salmon Wild Sockeye Skinless Boneless	150	g
Portlock Salmon	FFZ	Salmon Smoked Sliced	142	g
Great Glacier Salmon	FFZ	Salmon Sockeye Portion Skin On	5	oz
Bar Harbor Foods	FC	Sardine Fillets Smoked in Maple Syrup	190	g
Raincoast	FC	Sardines Wild Pacific in Spring Water	120	g
Raincoast	FC	Tuna Albacore Solid White	150	g
Raincoast	FC	Tuna Albacore Solid White No Salt	150	g
Taylor Fish Company	FFZ	Perch Yellow	450	g
Ontario Natural Food Co-op	FFZ	Trout Fillets Manitoulin	300	g
Ontario Natural Food Co-op	FFZ	Whitefish Fillets Manitoulin	300	g
7 Seas	FFZ	Shellfish Wild Baja Praws 16/20	2	lb
7 Seas	FFZ	Shellfish Wild Baja Praws 16/20	0.363	lbs
Wild Planet Foods	FC	Shellfish Shrimp Wild	113	g
Filsinger's	G	Apple Butter	500	ml
First Food Organics	G	Baby Biscuit Bite Apple & Sweet Potato Organic	120	g
First Food Organics	G	Baby Biscuit Bite Banana & Kale Organic	120	g
First Food Organics	G	Baby Cereal Infant Multi Grain Organic	227	g
First Food Organics	G	Baby Cereal Infant Oatmeal Organic	227	g
First Food Organics	G	Baby Snacks Munch Mix Banana Organic	42	g
First Food Organics	G	Baby Snacks Munch Mix Strawberry Organic	42	g
First Food Organics	G	Baby Snacks Yogurt Yums Organic	28	g
Camino	G	Baking Chocolate Semi Sweet	200	g
Camino	G	Baking Chocolate Unsweetened	200	g
Purest	G	Baking Mix Brownie Chocolate Fudge GF	488	g
Purest	G	Baking Mix Cake Vanilla GF	582	g
Purest	G	Baking Mix Chocolate Chip Cookie GF	467	g
Purest	G	Baking Mix Muffin & Loaf GF	553	g
Purest	G	Baking Mix Pie Pastry GF	626	g
Purest	G	Baking Powder GF	250	g
Purest	G	Baking Soda GF	453	g
Made Good	G	Bar Almond Apricot Raw Organic	36	g
Made Good	G	Bar Cherry Pecan Raw Organic	36	g
Taste Of Nature	G	Bar Granola Canadian Maple Forest	40	g
Taste Of Nature	G	Bar Granola Niagara Apple Country	40	g
Taste Of Nature	G	Bar Granola Nova Scotia Blueberry Field	40	g
Taste Of Nature	G	Bar Granola Quebec Cranberry Country	40	g
Nature's Path	G	Bars Granola Chococonut Box of 5	175	g
Nature's Path	G	Bars Granola Pumpkin & Spice Box of 6	210	g
Purest	G	Batter Mix Extra Crispy for Fish or Chicken GF	300	g
Purest	G	Batter Mix for Fish or Chicken GF	300	g
Sauces 'N' Stuff	G	BBQ Sauce Bold	500	ml
Sauces 'N' Stuff	G	BBQ Sauce Maple	500	ml
Sauces 'N' Stuff	G	BBQ Sauce Smokey	500	ml
Voisin's Maple Syrup	G	BBQ Sauce Smokey Maple	250	ml
Sauces 'N' Stuff	G	BBQ Sauce Spicy Cola	500	ml
Sauces 'N' Stuff	G	BBQ Sauce Sweet	500	ml
Eden Foods	G	Beans Adzuki Can Organic	398	ml
Eden Foods	G	Beans Black Can Organic	796	ml
Eden Foods	G	Beans Black Can Organic	398	ml
Eden Foods	G	Beans Black Eyed Peas Can Organic	398	ml
Oak Manor	G	Beans Black Turtle Dry Organic	1	Kg
Eden Foods	G	Beans Garbanzo (Chick Peas) Can Organic	398	ml
Eden Foods	G	Beans Garbanzo (Chick Peas) Can Organic	796	ml
Eden Foods	G	Beans Kidney Can Organic	398	ml
Eden Foods	G	Beans Kidney Can Organic	796	ml
Oak Manor	G	Beans Kidney Red Dry Organic	1	Kg
Eden Foods	G	Beans Kidney White Can Organic	398	ml
Eden Foods	G	Beans Navy Can Organic	398	ml
Eden Foods	G	Beans Navy Can Organic	796	ml
Oak Manor	G	Beans Navy Dry Organic	1	Kg
Eden Foods	G	Beans Refried Black Beans Can Organic	398	ml
Eden Foods	G	Beans Refried Spicy Black Beans Can Organic	398	ml
Prana	G	Berries Goji Dry Organic	200	g
Prana	G	Berries Mulberries White Dry Organic	250	g
Natur-A	G	Beverage Almond Unsweetened	946	ml
Natur-A	G	Beverage Rice Original	946	ml
Natur-A	G	Beverage Soy Original	946	ml
Tutti Gourmet	G	Biscotti Almond	180	g
Tutti Gourmet	G	Biscotti Chocolate & Almond	180	g
Tutti Gourmet	G	Biscotti Orange & Chocolate	180	g
Tutti Gourmet	G	Biscotti Pistachio Cran Anise	180	g
Edward & Sons	G	Bouillon Cubes Not-Chick'N	84	g
Edward & Sons	G	Bouillon Cubes Vegetable	84	g
Oak Manor	G	Bran Oat Organic	1	Kg
Oak Manor	G	Bran Wheat Organic	500	g
Glutino	G	Bread Crumbs Corn Bread GF	336	g
Edward & Sons	G	Breadcrumbs Lightly Salted Organic	425	g
Old Canadiana Fine Foods	G	Cake Almond Butter	454	g
Lundberg	G	Cakes Rice Caramel Corn Organic	266	g
Lundberg	G	Cakes Rice Cinnamon Toast Organic	266	g
Lundberg	G	Cakes Rice Sesame Tamari Organic	255	g
Bell Candy	G	Candy After Dinner Mint	130	g
Bell Candy	G	Candy Butterscotch	170	g
Bell Candy	G	Candy Christmas Mix	170	g

Bell Candy	G	Candy Cinnamon	170	g
Bell Candy	G	Candy Cloves	170	g
Xyla	G	Candy Fruit Drops Natural	200	g
Go Bio	G	Candy Gummi Bears Fruit Juice Organic	50	g
Bell Candy	G	Candy Horehounds	180	g
Bell Candy	G	Candy Humbugs	180	g
Bell Candy	G	Candy Licorice	180	g
Go Bio	G	Candy Licorice Organic	50	g
Turkey Hill Sugarbush Ltd	G	Candy Maple Candy	90	g
Turkey Hill Sugarbush Ltd	G	Candy Maple Caramels	200	g
Turkey Hill Sugarbush Ltd	G	Candy Maple Sugar 5 Piece	35	g
Turkey Hill Sugarbush Ltd	G	Candy Maple Sugar 9 Piece	63	g
Go Bio	G	Candy Marshmallows Organic	40	g
Bell Candy	G	Candy Peanut Crunch	180	g
Torie and Howard	G	Candy Pear & Cinnamon	57	g
Bell Candy	G	Candy Peppermint	170	g
Torie and Howard	G	Candy Pomegranate & Nectarine Organic	57	g
Torie and Howard	G	Candy Handbag Assorted		Each
Coastwise	G	Capers Organic	100	ml
Prana	G	Carob Powder Organic	200	g
Oak Manor	G	Cereal 7 Grain Spelt Organic	1	Kg
Nature's Path	G	Cereal Heritage Flakes Eco Pack Organic	907	g
El Peto	G	Cereal Hot Cream of Rice Apple Cinnamon Milk Free Wheat Free GF	500	g
Oak Manor	G	Cereal Oat Flakes Organic	1	Kg
Oak Manor	G	Cereal Oat Flakes Quick Cook Organic	1	Kg
Oak Manor	G	Cereal Oats Steel Cut Organic	1	Kg
Your Fitness Dish	G	Cereal Quinola Ancient Grains Blast Vegan No Soy No Gluten	200	g
Your Fitness Dish	G	Cereal Quinola Granola with Almonds Vegan No Soy No Gluten	235	g
Nature's Path	G	Cereal Sunrise Crunchy Maple GF Organic	300	g
Nature's Path	G	Cereal Sunrise Crunchy Vanilla GF Organic	300	g
Weeds & Seeds	G	Cereal Survival	450	g
Eden Foods	G	Chili Black Beans & Quinoa Can Vegetarian Organic	398	ml
Eden Foods	G	Chili Kidney Beans & Kamut Can Vegetarian Organic	398	ml
Covered Bridge	G	Chips Potato Creamy Dill	170	g
Covered Bridge	G	Chips Potato Sea Salt	170	g
Covered Bridge	G	Chips Potato Sea Salt & Vinegar	170	g
Covered Bridge	G	Chips Potato Sweet Potato	142	g
Hardbite	G	Chips Potato Szechuan Pepper	150	g
Hardbite	G	Chips Potato Wild Onion Yogurt	150	g
Lundberg	G	Chips Rice Sea Salt	170	g
Lundberg	G	Chips Rice Spicy Black Bean Organic	170	g
Indian Life	G	Chips Samosa	170	g
Indian Life	G	Chips Masala	170	g
Que Pasa	G	Chips Tortilla Red Low Salt Organic	425	g
Que Pasa	G	Chips Tortilla Yellow Low Salt Organic	425	g
Que Pasa	G	Chips Tortilla Yellow Sea Salt Organic	600	g
Way Better Snacks	G	Chips Tortilla Sprouted Corn Black Bean	156	g
Way Better Snacks	G	Chips Tortilla Sprouted Corn Sweet Chili	156	g
Camino	G	Chocolate Bar Bittersweet Organic	100	g
Camino	G	Chocolate Bar Caramel Crunch Organic	100	g
Camino	G	Chocolate Bar Coconut 65% Organic	100	g
Camino	G	Chocolate Bar Dark Organic	100	g
Camino	G	Chocolate Bar Espresso Organic	100	g
Camino	G	Chocolate Bar Milk Chocolate Organic	100	g
Camino	G	Chocolate Bar Milk Sea Salt 38% Organic	100	g
Camino	G	Chocolate Bar Mint 67% Organic	100	g
Camino	G	Chocolate Bar Orange Organic	100	g
Camino	G	Chocolate Bar Panama Extra Dark Organic	100	g
Camino	G	Chocolate Bar Raspberry Organic	100	g
Camino	G	Chocolate Bar Almond 55% Organic	100	g
Theobrama	G	Chocolate Bar Dark 3 Assorted Flavours Mini Bar Organic	120	g
Theobrama	G	Chocolate Bar Dark 5 Assorted Flavours Banana Coconut Coffee Plain Da	175	g
Theobrama	G	Chocolate Bar Dark Espresso Long Bar Organic	35	g
Theobrama	G	Chocolate Bar Dark Plain Long Bar Organic	35	g
Theobrama	G	Chocolate Bar Dark Plain Mini Bars Organic	10	g
Theobrama	G	Chocolate Bar Dark Raspberry Chunk Long Bar Organic	35	g
Theobrama	G	Chocolate Bar Dark Raspberry Mini Bars Organic	10	g
Turkey Hill Sugarbush Ltd	G	Chocolate Bar Maple Crunch	100	g
Turkey Hill Sugarbush Ltd	G	Chocolate Bar Maple Ice Wine	100	g
Mrs B's Country Candy	G	Chocolate Bar Dark Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Bar Milk Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Bar White Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Bark Dark Chocolate with Almonds	100	g
Mrs B's Country Candy	G	Chocolate Bark Dark Chocolate with Candied Ginger	100	g
Mrs B's Country Candy	G	Chocolate Bark Dark Chocolate with Peanuts	100	g
Mrs B's Country Candy	G	Chocolate Bark Milk Chocolate with Almonds	100	g
Mrs B's Country Candy	G	Chocolate Bark Milk Chocolate with Peanuts	100	g
Mrs B's Country Candy	G	Chocolate Bark White Chocolate with Almonds	100	g
Mrs B's Country Candy	G	Chocolate Bark White Chocolate with Almonds & Cranberries	100	g
The Dark Tickle	G	Chocolate Box Chocolate with Wild NFLD Bakeapple & Partridgeberry Fill	54	g
The Dark Tickle	G	Chocolate Box Filled with Newfie Screech Chocolate Filling 6 pc	54	g
Mrs B's Country Candy	G	Chocolate Cherubs 3/pkg	50	g
Ontario Natural Food Co-op	G	Chocolate Chips Semi-Sweet Natural	1	Kg
Camino	G	Chocolate Chips Semi Sweet Organic	225	g
Mrs B's Country Candy	G	Chocolate Ginger Chocolate Covered	100	g
Mrs B's Country Candy	G	Chocolate Haystacks Dark Chocolate	150	g
Mrs B's Country Candy	G	Chocolate Haystacks Milk Chocolate	150	g
Mrs B's Country Candy	G	Chocolate Haystacks White Chocolate	150	g
Mrs B's Country Candy	G	Chocolate Licorice Milk Chocolate	20	g
Mrs B's Country Candy	G	Chocolate Licorice White Chocolate	20	g
Mrs B's Country Candy	G	Chocolate Lollipop Moose Dark Chocolate	40	g
Mrs B's Country Candy	G	Chocolate Lollipop Moose Milk Chocolate	40	g
Mrs B's Country Candy	G	Chocolate Marshmallow Kabobs Dark Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Marshmallow Kabobs Milk Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Marshmallow Kabobs White Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Mice Milk Chocolate Truffe 3/pkg	60	g
Kernal Peanuts	G	Chocolate Peanut Butter Cups	80	g
Kernal Peanuts	G	Chocolate Peanut Clusters	80	g
Kernal Peanuts	G	Chocolate Peanut Raisin Clusters	80	g

Mrs B's Country Candy	G	Chocolate Pretzels Dark Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Pretzels Milk Chocolate	100	g
Mrs B's Country Candy	G	Chocolate Pretzels White Chocolate	100	g
The Dark Tickle	G	Chocolate Screech Sauce with Chocolates Combo Pack	135/3	ml/pk
Mrs B's Country Candy	G	Chocolate Turkish Delight	115	g
Mrs B's Country Candy	G	Chocolate Turtle Dark Chocolate with Babies	125	g
Mrs B's Country Candy	G	Chocolate Turtle Milk Chocolate with Babies	125	g
Turkey Hill Sugarbush Ltd	G	Chocolates Box Maple Cream Chocolates	81	g
Turkey Hill Sugarbush Ltd	G	Chocolates Box Maple Ice Wine Chocolates	81	g
The Dark Tickle	G	Chocolates Cod 6 pieces Milk Chocolate Cod	66	g
The Dark Tickle	G	Chocolates Icebergs with Wild NFLD Blueberries 8 pc	56	g
Turkey Hill Sugarbush Ltd	G	Chocolates Wild Moose Droppings	110	g
Greaves Jams & Marmalades	G	Chutney Peach	250	ml
Indian Life	G	Chutney Mango	250	ml
Indian Life	G	Chutney Tamarind	250	ml
Mrs McGarrigles Fine Foods	G	Chutney Apple Rum	190	ml
Mrs McGarrigles Fine Foods	G	Chutney Peach Pear	190	ml
Filsinger's	G	Cider Apple Organic	3.78	Ltr
Filsinger's	G	Cider Apple Organic	1.89	Ltr
Mrs B's Country Candy	G	Cider Mix Mulling Spice	160	g
BioVert	G	Cleaning Supplies Cleaner All Purpose Orange	715	ml
Nature Clean	G	Cleaning Supplies Dishwashing Liquid Unscented	740	ml
Nature Clean	G	Cleaning Supplies Fabric Softener Unscented	1	Ltr
Nature Clean	G	Cleaning Supplies Laundry Detergent Liquid 3x Concentrate Unscented	1	Ltr
Nature Clean	G	Cleaning Supplies Laundry Detergent Liquid HE 30 lds	1.82	Ltr
Nature Clean	G	Cleaning Supplies Multi Surface Lime Tea Tree Oil Spray Biodegradable	946	ml
Nature Clean	G	Cleaning Supplies Tub & Tile Cleanser Biodegradable	500	ml
Nature Clean	G	Cleaning Supplies Window Cleaner Unscented Biodegradable	946	ml
Topsy Farms	G	Cleaning Supplies Wool Cleaner Eucalan	500	ml
Topsy Farms	G	Cleaning Supplies Wool Cleaner Eucalan	100	ml
Purest	G	Cocoa Natural GF	300	g
Camino	G	Cocoa Powder Organic	224	g
Arayuma	G	Coconut Milk Organic	400	ml
Native Forest	G	Coconut Milk Organic	398	ml
Ontario Natural Food Co-op	G	Coconut Dried Shredded Organic	800	g
Prana	G	Coconut Dried Shredded Fine Organic	175	g
Hillside Coffee Company	G	Coffee Decaf Peruvian Fine Grind FT	1	lb
Hillside Coffee Company	G	Coffee Decaf Peruvian Whole Bean FT	1	lb
Hillside Coffee Company	G	Coffee Hillside House Blend Mild Fine Grind FT Organic	1	lb
Hillside Coffee Company	G	Coffee Hillside House Blend Mild Whole Bean FT Organic	1	lb
Hillside Coffee Company	G	Coffee Jack's Jo Strong Fine Grind FT Organic	1	lb
Hillside Coffee Company	G	Coffee Jack's Jo Strong Whole Bean FT Organic	1	lb
Hillside Coffee Company	G	Coffee Paddlers' Perk Medium Fine Grind FT Organic	1	lb
Hillside Coffee Company	G	Coffee Paddlers' Perk Medium Whole Bean FT Organic	1	lb
Hillside Coffee Company	G	Coffee Brazilian Whole Bean or Ground FT	Bulk	lb
Hillside Coffee Company	G	Coffee Nicaraguan Whole Bean or Ground FT Organic	Bulk	lb
Hillside Coffee Company	G	Coffee Ethiopian Harrar Whole Bean or Ground Organic	Bulk	lb
Hillside Coffee Company	G	Coffee Ethiopian Yirgacheffe Whole Bean or Ground FT Organic	Bulk	lb
Hillside Coffee Company	G	Coffee Peruvian Whole Bean or Ground FT Organic	Bulk	lb
Hillside Coffee Company	G	Coffee Sumatran FT Organic	Bulk	lb
Mountain Gems	G	Coffee French Riviera Dark Roast Whole Bean FT Organic	454	g
Mountain Gems	G	Coffee Hummingbird Medium Roast Whole Bean FT Organic	454	g
Mountain Gems	G	Coffee Sumatra Dark Roast Whole Bean FT Organic	454	g
Glutino	G	Cookies Chocolate Vanilla Dreams	300	g
Turkey Hill Sugarbush Ltd	G	Cookies Maple Cream	400	g
Turkey Hill Sugarbush Ltd	G	Cookies Maple Cream Chocolate	400	g
Go Go Quinoa	G	Cookies Quinoa Chocolate Chip Vegan Dairy Free & Egg Free GF	198	g
Go Go Quinoa	G	Cookies Quinoa Orange Mango Vegan Dairy & Egg Free GF	198	g
Glutino	G	Cookies Vanilla Dreams GF	300	g
Oak Manor	G	Couscous Whole Wheat	1	Kg
Glutino	G	Crackers Cheddar Rounds GF	125	g
Glutino	G	Crackers Snack Rosemary & Olive Oil GF	120	g
Glutino	G	Crackers Snack Sea Salt GF	120	g
Glutino	G	Crackers Table Squares GF	200	g
Mary's Organic	G	Crackers Gourmet Caraway Vegan GF Organic	184	g
Mary's Organic	G	Crackers Gourmet Onion Vegan GF Organic	184	g
Mary's Organic	G	Crackers Gourmet Original Vegan GF Organic	184	g
Mary's Organic	G	Crackers Gourmet Super Seed GF Vegan Organic	184	g
Tutti Gourmet	G	Crackers Crisps Café Banana	80	g
Tutti Gourmet	G	Crackers Crisps Fruit & Banana	80	g
Tutti Gourmet	G	Crackers Crisps Pistachio & Anise Banana	80	g
Wellington Organic Crackers	G	Crackers Multigrain Organic	125	g
Wellington Organic Crackers	G	Crackers Water Traditional Organic	125	g
Perth Pepper & Pestle	G	Dessert Topping Blackberry Chocolate Shiraz GF	250	ml
Kincaide's	G	Dessert Topping Butterscotch with Jamaican Rum	250	ml
Kincaide's	G	Dessert Topping Crème Caramel	250	ml
Perth Pepper & Pestle	G	Dessert Topping Ginger Pear Riesling GF	250	ml
Perth Pepper & Pestle	G	Dessert Topping Sambuca Espresso Pinot Grigio Chocolate GF	250	ml
Herb Haven	G	Dip Mix Herbs Dried	12	g
Zevia	G	Drink Carbonated Black Cherry Stevia Sweetened	355	ml
Zevia	G	Drink Carbonated Cream Soda Stevia Sweetened	355	ml
Zevia	G	Drink Carbonated Ginger Root Beer Stevia Sweetened	355	ml
Zevia	G	Drink Carbonated Lemon Lime Stevia Sweetened	355	ml
The Dark Tickle	G	Drink Cordial Drinkable Berries Wild NFLD Bakeapple	250	ml
The Dark Tickle	G	Drink Cordial Drinkable Berries Wild NFLD Bakeapple	100	ml
The Dark Tickle	G	Drink Cordial Drinkable Berries Wild NFLD Partridgeberries	250	ml
The Dark Tickle	G	Drink Cordial Drinkable Berries Wild NFLD Partridgeberries	100	ml
Steaz	G	Drink Energy Berry Tea	355	ml
Good Drink Bottled Tea	G	Drink Ice Tea Black Tea & Lemon	478	ml
Good Drink Bottled Tea	G	Drink Ice Tea Blueberry White Tea	478	ml
Good Drink Bottled Tea	G	Drink Ice Tea Hibiscus & Vanilla Mango Tea	478	ml
Good Drink Bottled Tea	G	Drink Ice Tea Lemon & Honey Green Tea	478	ml
Kiju Juice	G	Drink Iced Tea Green Tea Pomegranate Organic	355	ml
Kiju Juice	G	Drink Iced Tea Mango Passion Organic	355	ml
Tonica	G	Drink Kombucha Alchemy Coffee Organic	355	ml
Tonica	G	Drink Kombucha Ginger Rapture Organic	355	ml
Rise Kombucha	G	Drink Kombucha Ginger White Tea	1	Ltr
Rise Kombucha	G	Drink Kombucha Hibiscus Rosehips Black Tea	414	ml
Rise Kombucha	G	Drink Kombucha Lemon Grass Green Tea	414	ml

Tonica	G	Drink Kombucha Mango Passion Organic	355	ml
Rise Kombucha	G	Drink Kombucha Mint Chlorophyll	1	Ltr
Tonica	G	Drink Kombucha Peach Resolution Organic	355	ml
Tonica	G	Drink Kombucha Vibrant Blueberry Organic	355	ml
Limonana	G	Drink Limonana Lemon Mint	946	ml
Limonana	G	Drink Limonana Lemon Mint	473	ml
Tree Hugger Organic	G	Drink Orange Mango Raspberry Organic	300	ml
Knudsen/Santa Cruz	G	Drink Spritzer Orange Mango	311	ml
Knudsen/Santa Cruz	G	Drink Spritzer Orange Mango 4ct	311	ml
Knudsen/Santa Cruz	G	Drink Spritzer Pomegranate Lime-ade	311	ml
Knudsen/Santa Cruz	G	Drink Spritzer Pomegranate Lime-ade 4ct	311	ml
Simply Organic Frontier	G	Extract Almond	59	ml
Simply Organic Frontier	G	Extract Vanilla	118	ml
Simply Organic Frontier	G	Extract Vanilla	59	ml
Simply Organic Frontier	G	Flavour Peppermint	59	ml
Purest	G	Flour All Purpose GF	680	g
Cuisine Soleil	G	Flour All Purpose GF Organic	1	Kg
Cuisine Soleil	G	Flour All Purpose GF Organic	2	Kg
Bob's Red Mill	G	Flour Barley	566	g
Cuisine Soleil	G	Flour Brown Rice GF Organic	1	Kg
Cuisine Soleil	G	Flour Buckwheat GF Organic	1	Kg
CIPM	G	Flour Buckwheat Organic	2	Kg
Let's Do	G	Flour Coconut GF Organic	454	g
Bob's Red Mill	G	Flour Kamut Organic	566	g
Bob's Red Mill	G	Flour Meal Almond Natural	453	g
Go Go Quinoa	G	Flour Quinoa GF Organic	500	g
Sonset Farm	G	Flour Red Fife Organic	4	lb
Sonset Farm	G	Flour Red Fife Organic	10	lb
CIPM	G	Flour Rye Organic	2.5	Kg
Oak Manor	G	Flour Rye Organic	1	Kg
Oak Manor	G	Flour Soft Whole Wheat Organic (Cake & Pastry)	1.25	Kg
Cuisine Soleil	G	Flour Sorghum GF Organic	700	g
Cuisine Soleil	G	Flour Sorghum GF Organic	2	Kg
Sonset Farm	G	Flour Spelt Organic	4	lb
Sonset Farm	G	Flour Spelt Organic	10	lb
Oak Manor	G	Flour Unbleached White All Purpose Organic	5	Kg
Oak Manor	G	Flour Unbleached White Cake & Pastry Organic	1.25	Kg
CIPM	G	Flour Wheat Spring Red Fife Organic	2.5	Kg
CIPM	G	Flour Wheat Winter Hard Red Organic	2.5	Kg
Cuisine Soleil	G	Flour White Rice GF Organic	1	Kg
El Peto	G	Flour/Starch Arrowroot GF	900	g
El Peto	G	Flour/Starch Arrowroot GF	500	g
Let's Do	G	Flour/Starch Corn Organic GMO Free	170	g
Cuisine Soleil	G	Flour/Starch Tapioca GF Organic	1	Kg
Turkey Hill Sugarbush Ltd	G	Fudge Maple	210	g
Turkey Hill Sugarbush Ltd	G	Fudge Maple Chocolate	210	g
The Garlic Box	G	Garlic Dehydrated Chips	70	g
Matt & Steve's	G	Garnish Caesar Extreme Beans Garlic & Dill	500	ml
Bob's Red Mill	G	Germ Wheat	340	g
Oak Manor	G	Grain Barley Pot Hulled Organic	1	Kg
Oak Manor	G	Grain Kamut Organic	1	Kg
Your Fitness Dish	G	Grain Quinoa North Canadian Grown	200	g
Oak Manor	G	Grain Quinoa Organic	1	Kg
Stephano's	G	Granola Ancient Grains Glory Granola Organic	400	g
Stephano's	G	Granola Chunky Berry	450	g
Nature's Path	G	Granola Dark Chocolate & Red Berries Organic	325	g
Nature's Path	G	Granola Love Crunch Apple Crumble Organic	325	g
Stephano's	G	Granola Maple Pecan Crunch	450	g
Simply Organic Frontier	G	Gravy Seasoning Mix Mushroom Sauce Organic	24	g
Simply Organic Frontier	G	Gravy Seasoning Mix Roasted Chicken Organic	24	g
Purest	G	Gravy Thickener GF	300	g
El Peto	G	Guar Gum GF	250	g
Xyla	G	Gum Peppermint	12	pc
Herb Haven	G	Herb Chopped Dry Basil	16	g
Herb Haven	G	Herb Chopped Dry Cilantro	16	g
Herb Haven	G	Herb Chopped Dry Dill	16	g
Herb Haven	G	Herb Chopped Dry Lovage	16	g
Herb Haven	G	Herb Chopped Dry Savory	16	g
Herb Haven	G	Herb Chopped Dry Thyme	16	g
Lavender Hills	G	Herb Culinary Lavender Spice Jar		Each
Herb Haven	G	Herb Mix Chicken	40	g
Herb Haven	G	Herb Mix Fish	40	g
Herb Haven	G	Herb Mix Lamb	40	g
Herb Haven	G	Herb Mix Pork	40	g
Lavender Hills	G	Herb Provençal Mix Spice Jar		Each
Heavenly Honey	G	Honey Butter with Cinnamon	450	g
Heavenly Honey	G	Honey Buckwheat	500	g
RC Stevenson	G	Honey Creamed	500	g
Heavenly Honey	G	Honey Creamed with Bee Pollen	500	g
Heavenly Honey	G	Honey Creamed with Bee Pollen & Royal Jelly	500	g
Bee Queen	G	Honey Liquid in a Pail	3	Kg
Bee Queen	G	Honey Liquid in Glass	1	Kg
Bee Queen	G	Honey Liquid in Glass	500	g
Heavenly Honey	G	Honey Liquid with Amaretto	250	g
Heavenly Honey	G	Honey Liquid with Apricot Brandy	250	g
Wildly Canadian	G	Honey Liquid with Blueberry	500	g
Heavenly Honey	G	Honey Liquid with Chocolate	250	g
Wildly Canadian	G	Honey Liquid with Cinnamon	500	g
Heavenly Honey	G	Honey Liquid with Cinnamon	250	g
Wildly Canadian	G	Honey Liquid with Coconut	500	g
Heavenly Honey	G	Honey Liquid with Cointreau	250	g
Heavenly Honey	G	Honey Liquid with Drambuie	250	g
Heavenly Honey	G	Honey Liquid with Maple	250	g
Heavenly Honey	G	Honey Liquid with Whiskey	250	g
Heavenly Honey	G	Honey Liquid with Zesty Lemon	250	g
Bubbie's of San Francisco	G	Horseradish Prepared	250	ml
Camino	G	Hot Chocolate Dark Organic	336	g
Camino	G	Hot Chocolate Milk Organic	336	g
Purest	G	Hot Cocoa GF	300	g

Purest	G	Hot Cocoa Mexican GF	300	g
Crofters	G	Jam Apple Organic	235	ml
Huber's	G	Jam Apricot	250	ml
Crofters	G	Jam Apricot Organic	235	ml
Huber's	G	Jam Black Currant	250	ml
Crofters	G	Jam Black Currant Organic	235	ml
Huber's	G	Jam Blackberry	250	ml
Crofters	G	Jam Blackberry Organic	235	ml
Huber's	G	Jam Cherry	250	ml
Crofters	G	Jam Concord Grape Organic	235	ml
Greaves Jams & Marmalades	G	Jam Gooseberry	250	ml
Lavender Hills	G	Jam Lavender Blueberry	250	ml
Lavender Hills	G	Jam Lavender Marmalade	250	ml
Lavender Hills	G	Jam Lavender Strawberry	250	ml
Stone Kitchen	G	Jam Middle Age Spread	250	ml
Huber's	G	Jam Peach	250	ml
Huber's	G	Jam Raspberry	250	ml
Crofters	G	Jam Raspberry Organic	383	ml
Huber's	G	Jam Raspberry Rhubarb	250	ml
Huber's	G	Jam Red Currant	250	ml
Greaves Jams & Marmalades	G	Jam Rhubarb Ginger	250	ml
Huber's	G	Jam Strawberry	250	ml
Crofters	G	Jam Strawberry Organic	383	ml
Huber's	G	Jam Strawberry Rhubarb	250	ml
Stone Kitchen	G	Jam Toe Jam	250	ml
Greaves Jams & Marmalades	G	Jam Trippleberry	250	ml
Huber's	G	Jam Wild Blueberry	250	ml
Crofters	G	Jam Wild Blueberry Organic	235	ml
The Dark Tickle	G	Jam Wild NFLD Bakeapple	110	ml
The Dark Tickle	G	Jam Wild NFLD Blueberry	110	ml
The Dark Tickle	G	Jam Wild NFLD Crowberry	110	ml
The Dark Tickle	G	Jam Wild NFLD Partridgeberry	110	ml
Huber's	G	Jelly Crabapple Apple	250	ml
Huber's	G	Jelly Grape	250	ml
Lavender Hills	G	Jelly Lavender Wine	250	ml
Greaves Jams & Marmalades	G	Jelly Mint	125	ml
Huber's	G	Jelly Raspberry	250	ml
Greaves Jams & Marmalades	G	Jelly Red Currant	250	ml
Huber's	G	Jelly Red Currant	250	ml
The Dark Tickle	G	Jelly Spread Wild NFLD Bakeapple	125	ml
The Dark Tickle	G	Jelly Spread Wild NFLD Blueberries	125	ml
The Dark Tickle	G	Jelly Spread Wild NFLD Partridgeberries	125	ml
Black River Juice	G	Juice Apple Organic	946	ml
Black River Juice	G	Juice Apple Organic	300	ml
Kiju Juice	G	Juice Apple Single Serve Tetra 4 Packs Organic	200	ml
Van Dyk's	G	Juice Blueberry	500	ml
Lakewood Juices	G	Juice Blueberry Organic	946	ml
Lakewood Juices	G	Juice Carrot Pure Organic	946	ml
Eden Foods	G	Juice Cherry Montmorency Not from Concentrate Organic	946	ml
Knudsen	G	Juice Cherry Tart Organic	946	ml
Black River Juice	G	Juice Concord Grape	300	ml
Black River Juice	G	Juice Concord Grape Not from Concentrate	946	ml
Black River Juice	G	Juice Concord Grape Not from Concentrate Organic	946	ml
Black River Juice	G	Juice Cranberry 100pc Juice Organic	946	ml
Kiju Juice	G	Juice Grape Apple Single Serve Tetra 4 Packs Organic	200	ml
Black River Juice	G	Juice Grapefruit	300	ml
Knudsen/Santa Cruz)	G	Juice Lemon Pure Organic	473	ml
Lakewood Juices	G	Juice Lemonade Original Organic	946	ml
Kiju Juice	G	Juice Lemonade Single Serve Tetra 4 Packs Organic	200	ml
Lakewood Juices	G	Juice Lime Organic	370	ml
Black River Juice	G	Juice Orange	300	ml
Tree Hugger Organic	G	Juice Orange Organic	1.75	Ltr
Tree Hugger Organic	G	Juice Orange Organic	300	ml
Happy Planet	G	Juice Orange Valencia Organic	1.75	Ltrs
Thomas' Utopia	G	Juice Tomato Organic	1.36	Ltr
Utopia	G	Juice Tomato Organic	1.36	Ltr
Sauces 'N' Stuff	G	Ketchup Homemade	500	ml
Sauces 'N' Stuff	G	Ketchup Homemade	250	ml
Oak Manor	G	Lentils Green Dry Organic	1	Kg
Oak Manor	G	Lentils Red Split Dry Organic	1	Kg
Old Canadiana Fine Foods	G	Loaf Stollen Fruit Bread Almond Filled	454	g
Prana	G	Maca Powder Raw Organic	200	g
Eden Foods	G	Malt Barley	560	g
George & Darlene Conboy & Family	G	Maple Butter	250	g
George & Darlene Conboy & Family	G	Maple Butter	125	ml
George & Darlene Conboy & Family	G	Maple Syrup Glass Bottle	2	Ltr
George & Darlene Conboy & Family	G	Maple Syrup Glass Bottle	1	Ltr
George & Darlene Conboy & Family	G	Maple Syrup Glass Bottle	500	ml
Turkey Hill Sugarbush Ltd	G	Maple Syrup in Glass Gingerbread Man Bottle	50	ml
Turkey Hill Sugarbush Ltd	G	Maple Syrup in Glass Maple Leaf Bottle	50	ml
Turkey Hill Sugarbush Ltd	G	Maple Syrup in Glass Maple Leaf Bottle 3/pkg	150	ml
Turkey Hill Sugarbush Ltd	G	Maple Syrup in Glass Mini Jug 3/pkg	120	ml
Turkey Hill Sugarbush Ltd	G	Maple Syrup in RCMP Plastic Jug 3/pkg	300	ml
George & Darlene Conboy & Family	G	Maple Syrup Plastic Bottle	4	Ltr
George & Darlene Conboy & Family	G	Maple Syrup Plastic Bottle	2	Ltr
George & Darlene Conboy & Family	G	Maple Syrup Plastic Bottle	1	Ltr
George & Darlene Conboy & Family	G	Maple Syrup Plastic Bottle	500	ml
Huber's	G	Marmalade 3 Fruit	250	ml
Huber's	G	Marmalade Carrot	250	ml
Huber's	G	Marmalade Orange	250	ml
The Ojai Cook	G	Mayonnaise Cage Free Eggs Organic	473	ml
Spectrum Naturals	G	Mayonnaise Light Eggless	473	ml
Oak Manor	G	Meal Commeal	1	Kg
Nature's Path	G	Meal Flaxseed	425	g
Oak Manor	G	Millet Hulled	1	Kg
Wholesome Sweeteners	G	Molasses Black Strap Organic	472	ml
Wholesome Sweeteners	G	Molasses Black Strap Organic	944	ml
Mrs McGarrigles Fine Foods	G	Mustard Balsamic & Cracked Pepper	196	ml
Mrs McGarrigles Fine Foods	G	Mustard Canadian Maple	190	ml

Mrs McGarrigles Fine Foods	G	Mustard Chipotle Lime	191	ml
Mrs McGarrigles Fine Foods	G	Mustard Classic Whole Grain	198	ml
Mrs McGarrigles Fine Foods	G	Mustard Cranberry Port	197	ml
Perth Pepper & Pestle	G	Mustard Curry Sweet	60	ml
Orphee, Maison	G	Mustard Dijon Organic	500	ml
Mrs McGarrigles Fine Foods	G	Mustard Honey Tarragon	195	ml
Perth Pepper & Pestle	G	Mustard Hot Habanero Sweet	60	ml
Mrs McGarrigles Fine Foods	G	Mustard Hot Whiskey	192	ml
Perth Pepper & Pestle	G	Mustard Kalamata Olive Sweet	250	ml
Mrs McGarrigles Fine Foods	G	Mustard Lemon Dill	193	ml
Perth Pepper & Pestle	G	Mustard Madly Maple Burger Mustard	60	ml
Mrs McGarrigles Fine Foods	G	Mustard Red Wine & Garlic	194	ml
Perth Pepper & Pestle	G	Mustard Smokin Jack Burger Mustard	60	ml
Perth Pepper & Pestle	G	Mustard Sweet	250	ml
Perth Pepper & Pestle	G	Mustard Touch of Hell Burger Mustard	250	ml
Eden Foods	G	Mustard Yellow Organic	225	g
Prairie Harvest	G	Noodles Egg Medium Free Range Organic	340	g
SeaSnax	G	Noodles Wakami Seaweed	200	g
Nuts To You	G	Nut Butter Almond Hazelnut	250	g
Nuts To You	G	Nut Butter Almond Organic	250	g
Nuts To You	G	Nut Butter Almond Smooth	250	g
Nuts To You	G	Nut Butter Almond Smooth Organic	500	g
Nuts To You	G	Nut Butter Cashew	250	g
Nuts To You	G	Nut Butter Coconut Rainforest Smooth	250	g
Abenakis	G	Nutritional Yeast	500	g
Central Roast	G	Nuts Almonds Dry Roasted Unsalted	290	g
Ontario Natural Food Co-op	G	Nuts Almonds Raw California Organic	1	Kg
Ontario Natural Food Co-op	G	Nuts Almonds Raw Natural	1	Kg
Central Roast	G	Nuts Cashews Dry Roasted Unsalted	300	g
Prana	G	Nuts Cashews Organic	250	g
Mrs B's Country Candy	G	Nuts Honey Cinnamon Cashews	125	g
Mrs B's Country Candy	G	Nuts Maple Peanuts	125	g
Central Roast	G	Nuts Mixed Dry Roasted Unsalted	290	g
Prana	G	Nuts Mixture Machu Pichu Fruit & Nut Mix Organic	150	g
Ontario Natural Food Co-op	G	Nuts Pecan Halves Raw Natural	800	g
Prana	G	Nuts Pecans Raw Organic	180	g
Prana	G	Nuts Pistachios Shelled Organic	200	g
Mrs B's Country Candy	G	Nuts Spicy Almonds	125	g
Mrs B's Country Candy	G	Nuts Sugar & Spice Pecans	125	g
Ontario Natural Food Co-op	G	Nuts Walnut Halves/Pieces Natural	800	g
Ontario Natural Food Co-op	G	Nuts Walnut Halves/Pieces Organic	800	g
Prana	G	Nuts Walnuts Raw Organic	180	g
Orphee, Maison	G	Oil 3 Oils Gift Box Walnut Toasted Sesame Balsamic Vinegar	3x250	ml
Orphee, Maison	G	Oil 5 Oils Gift Collection	250	ml
The Garlic Box	G	Oil Roasted Garlic Oil with Scapes	250	ml
Spectrum Naturals	G	Oil Canola Refined Expellar Pressed Organic	750	ml
Orphee, Maison	G	Oil Coconut Virgin Organic	454	g
Orphee, Maison	G	Oil Flaxseed First Cold Pressed Unrefined	250	ml
Orphee, Maison	G	Oil Grapeseed Italy Classic	500	ml
Manitoba Harvest	G	Oil Hemp Seed Organic	250	ml
KingstonOlive Oil	G	Oil Olive Hojiblanca	375	ml
KingstonOlive Oil	G	Oil Olive Hojiblanca	200	ml
KingstonOlive Oil	G	Oil Olive Picual	375	ml
KingstonOlive Oil	G	Oil Olive Picual	200	ml
KingstonOlive Oil	G	Oil Olive Tuscan Herb	375	ml
KingstonOlive Oil	G	Oil Olive Tuscan Herb	200	ml
Spectrum Naturals	G	Oil Olive XV Mediteranean Organic	1	Ltr
Spectrum Naturals	G	Oil Olive XV Unrefined Expellar Pressed Organic	750	ml
Spectrum Naturals	G	Oil Olive XV Unrefined Expellar Pressed Organic	375	ml
Spectrum Naturals	G	Oil Peanut Unrefined Expellar Pressed	375	ml
Herb Haven	G	Oil Safflower Basil Infused	250	ml
Herb Haven	G	Oil Safflower Dill Infused	250	ml
Herb Haven	G	Oil Safflower Garlic Infused	250	ml
Orphee, Maison	G	Oil Sesame Cold Pressed Unrefined	500	ml
Orphee, Maison	G	Oil Toasted Sesame Unrefined	500	ml
Kricklewood Farm	G	Oil Sunflower	500	ml
Spectrum Naturals	G	Oil Walnut Refined Expellar Pressed	375	ml
Go Go Quinoa	G	Pancake Mix 3 Grain Vegan GF Organic	500	g
Abenakis	G	Pancake Mix Buckwheat Organic	1	Kg
Purest	G	Pancake Mix GF	558	g
Abenakis	G	Pancake Mix Oat Organic	1	Kg
Prairie Harvest/San Zenone	G	Pasta Corn Fusilli Organic	340	g
Prairie Harvest/San Zenone	G	Pasta Corn Macaroni Organic	340	g
Prairie Harvest/San Zenone	G	Pasta Corn Penne Rigate Organic	340	g
Prairie Harvest/San Zenone	G	Pasta Corn Spaghetti Organic	340	g
Prairie Harvest	G	Pasta Durum Wheat Lasagna Organic	454	g
Prairie Harvest	G	Pasta Durum Wheat 4 Colour Gemilli Organic	454	g
Prairie Harvest	G	Pasta Durum Wheat 4 Colour Gomitti Organic	454	g
Prairie Harvest	G	Pasta Durum Wheat 4 Colour Penne Organic	454	g
Prairie Harvest	G	Pasta Durum Wheat 4 Colour Rotini Organic	454	g
Al Dente Pasta	G	Pasta Durum Wheat Bona Chia Spinach Fettuccine	283	g
Al Dente Pasta	G	Pasta Durum Wheat Garlic Herb Pappardelle	341	g
Al Dente Pasta	G	Pasta Durum Wheat Spicy Sesame Linguine	341	g
Life Choices	G	Pasta Durum Wheat Whole Shells with Flax & White Cheddar Organic	170	g
Artesian Acres	G	Pasta Kamut Orzo Organic	454	g
Go Go Quinoa	G	Pasta Quinoa Macaroni Red & White Vegan GF Organic	227	g
Go Go Quinoa	G	Pasta Quinoa Spaghetti Vegan GF Organic	227	g
Life Choices	G	Pasta Rice Brown Mini Shells & White Cheddar Egg Free Soy Free Peanu	216	g
Prairie Harvest/San Zenone	G	Pasta Rice Brown Penne Rigate Organic	340	g
Prairie Harvest/San Zenone	G	Pasta Rice Brown Spaghetti Organic	340	g
Dave's Gourmet	G	Pasta Sauce Butternut Squash	737	g
Dave's Gourmet	G	Pasta Sauce Masala	737	g
Sonoma Gourmet	G	Pasta Sauce Onion & Portabello	709	g
Thomas' Utopia	G	Pasta Sauce Organic	398	ml
Sonoma Gourmet	G	Pasta Sauce Red Clam	709	g
Sonoma Gourmet	G	Pasta Sauce Roasted Garlic	709	g
Dave's Gourmet	G	Pasta Sauce Roasted Garlic & Sweet Basil	737	g
Sonoma Gourmet	G	Pasta Sauce Three Cheese	709	g
Thai Kitchen	G	Paste Curry Green	112	g

Thai Kitchen	G	Paste Curry Red	112	g
Silver Leaf Organic Olives	G	Paste Olive Organic	190	ml
Thomas' Utopia	G	Paste Tomato Organic	156	ml
Fontaine Sante	G	Pate Vege	227	g
Fontaine Sante	G	Pate Vege Country Style	227	g
Kernal Peanuts	G	Peanut Brittle	200	g
Kernal Peanuts	G	Peanut Brittle	80	g
Kernal Peanuts	G	Peanut Butter Crunchy	500	g
Kernal Peanuts	G	Peanut Butter Smooth	500	g
Kernal Peanuts	G	Peanuts & Bolts	200	g
Kernal Peanuts	G	Peanuts & Bolts	100	g
Kernal Peanuts	G	Peanuts Inshell Dry Roasted No Salt	1.5	Kg
Kernal Peanuts	G	Peanuts Inshell Dry Roasted No Salt	500	g
Kernal Peanuts	G	Peanuts Redskin Garlic	400	g
Kernal Peanuts	G	Peanuts Redskin Garlic	200	g
Kernal Peanuts	G	Peanuts Redskin Garlic	100	g
Kernal Peanuts	G	Peanuts Redskin Hot Cajun	400	g
Kernal Peanuts	G	Peanuts Redskin Hot Cajun	200	g
Kernal Peanuts	G	Peanuts Redskin Hot Cajun	100	g
Kernal Peanuts	G	Peanuts Redskin Mild Cajun	400	g
Kernal Peanuts	G	Peanuts Redskin Mild Cajun	200	g
Kernal Peanuts	G	Peanuts Redskin Mild Cajun	100	g
Kernal Peanuts	G	Peanuts Redskin Salted	1.2	Kg
Kernal Peanuts	G	Peanuts Redskin Salted	400	g
Kernal Peanuts	G	Peanuts Redskin Salted	200	g
Kernal Peanuts	G	Peanuts Redskin Salted	100	g
Kernal Peanuts	G	Peanuts Redskin Sea Salt & Black Pepper	400	g
Kernal Peanuts	G	Peanuts Redskin Sea Salt & Black Pepper	200	g
Kernal Peanuts	G	Peanuts Redskin Sea Salt & Black Pepper	100	g
Kernal Peanuts	G	Peanuts Redskin Unsalted	1.2	Kg
Kernal Peanuts	G	Peanuts Redskin Unsalted	400	g
Kernal Peanuts	G	Peanuts Redskin Unsalted	200	g
Kernal Peanuts	G	Peanuts Redskin Unsalted	100	g
Oak Manor	G	Peas Chick (Garbanzo Beans) Dry Organic	1	Kg
Oak Manor	G	Peas Green Split Dry Organic	1	Kg
Oak Manor	G	Peas Yellow Split Dry Organic	1	Kg
Perth Pepper & Pestle	G	Pepper Jelly Balsamic Fig GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Blueberry Sambuca GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Hot Hot Hot GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Hot Hot Hot GF	60	ml
Voisin's Maple Syrup	G	Pepper Jelly Maple Apricot Hot Pepper GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Original GF	280	ml
Perth Pepper & Pestle	G	Pepper Jelly Raspberry Chipotle GF	250	ml
Jessie's Homemade Jams & Gifts	G	Pepper Jelly Red Pepper GF	500	ml
Perth Pepper & Pestle	G	Pepper Jelly Roasted Garlic GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Roasted Garlic GF	60	ml
Perth Pepper & Pestle	G	Pepper Jelly Ruby Red Grapefruit GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Smokey El Paso GF	280	ml
Perth Pepper & Pestle	G	Pepper Jelly Spicy Tart Cherry GF	60	ml
Perth Pepper & Pestle	G	Pepper Jelly Thai Basil GF	250	ml
Perth Pepper & Pestle	G	Pepper Jelly Thai Basil GF	60	ml
Perth Pepper & Pestle	G	Pepper Jelly Thai Mango GF	250	ml
Cascades Tissue Group	G	Paper Product Paper Towel Premium 2 Ply 102 Sheet	6	ct
Cascades Tissue Group	G	Paper Product Tissue Bath Jumbo Roll 2 Ply	8	ct
Cascades Tissue Group	G	Paper Product Tissue Facial 2 Ply	130	ct
Green Beaver	G	Personal Care Body Lotion Cranberry	250	ml
Green Beaver	G	Personal Care Conditioner GF	240	ml
Nature Clean	G	Personal Care Conditioner Pure Sensitive Unscented	300	ml
Green Beaver	G	Personal Care Deodorant 24 hr Fragrance Free	50	g
Green Beaver	G	Personal Care Deodorant 24 hr Tea Tree	50	g
Green Beaver	G	Personal Care Shampoo GF	240	ml
Nature Clean	G	Personal Care Shampoo Pure Sensitive Unscented	300	ml
Green Beaver	G	Personal Care Toothpaste Spearmint	75	ml
Green Beaver	G	Personal Care Soap Bar Unscented	495	g
Green Beaver	G	Personal Care Soap Liquid Sunflower Castile	495	ml
Nature Clean	G	Personal Care Soap Liquid Unscent Refill	1	Ltr
Nature Clean	G	Personal Care Soap Liquid Unscented	500	ml
Happy Tails	G	Pet Food Cat Food All Ages Holistic	1.4	Kg
Happy Tails	G	Pet Food Dog Food All Ages Holistic	3.2	Kg
Kasey's Cookies	G	Pet Snacks Dog Cookies Carrot & Apple Small	200	g
Kasey's Cookies	G	Pet Snacks Dog Cookies Peanut Butter Small	200	g
Kasey's Cookies	G	Pet Snacks Dog Cookies Pumpkin & Oatmeal	200	g
Lavender Hills	G	Pet Supplies Hooch's Petfume & Bed Spray	250	ml
Lavender Hills	G	Pet Supplies Hooch's Shampoo	250	ml
Nature Clean	G	Pet Supplies Household Clean Pet Stain Odour Remover Biodegradable	1	Ltr
Kountry Korner	G	Pickles Bread and Butter	500	ml
Moise's	G	Pickles Dill Kosher	1	Ltr
Kountry Korner	G	Pickles Garlic Dill	500	ml
Kountry Korner	G	Pickles Mustard	500	ml
Greaves Jams & Marmalades	G	Pickles Salad Beets Pickled	500	ml
Kountry Korner	G	Pickles Sweet Baby Dills	500	ml
Kountry Korner	G	Pickles Unsweetened Sandwich Savers	500	ml
Honey Bunny	G	Pollen Bee Milled	227	g
Indulge Gourmet	G	Popcorn Kettle Corn Original	200	g
Indulge Gourmet	G	Popcorn Kettle Corn Original	30	g
Turkey Hill Sugarbush Ltd	G	Popcorn Maple	100	g
Whole Alternatives	G	Popcorn Microwaveable Organic	3	pck
Oak Manor	G	Popcorn Unpopped Organic	1	Kg
Passion Popcorn	G	Popcorn Unpopped Organic	480	g
Mary's Organic	G	Pretzels Curry GF Vegan Organic	184	g
Glutino	G	Pretzels Honey Mustard GF	170	g
Mary's Organic	G	Pretzels Sea Salt Vegan GF Organic	184	g
Glutino	G	Pretzels Yogourt Twists GF	156	g
Manitoba Harvest	G	Protein Powder Hemp Pro 50	454	g
Ontario's Own	G	Puree Peach	500	ml
Kountry Korner	G	Relish Corn	500	ml
Mrs McGarrigles Fine Foods	G	Relish Fresh Tomato & Peach	190	ml
Kountry Korner	G	Relish Lady Rose	500	ml
Stone Kitchen	G	Relish Red Pepper	250	ml

Kountry Korner	G	Relish Zucchini	500	ml
Lundberg	G	Rice Arborio White Nutra Farmed	907	g
Lundberg	G	Rice Brown Basmati Organic	907	g
Lundberg	G	Rice Brown Jasmine Organic	907	g
Lundberg	G	Rice Brown Long Grain	907	g
Lundberg	G	Rice Brown Short Grain	907	g
Lundberg	G	Rice Countrywild Nutra Farmed Gourmet	454	g
Lundberg	G	Rice White Sushi Organic	907	g
Oh Canada	G	Rice Wild	250	g
Lundberg	G	Rice Wild Blend Nutra Farmed Gourmet	454	g
The Mary Chef	G	Salad Dressing French	350	ml
The Mary Chef	G	Salad Dressing Highland	350	ml
The Mary Chef	G	Salad Dressing Italian	350	ml
The Ojai Cook	G	Salad Dressing Lemonaise Cage Free Eggs	355	ml
The Ojai Cook	G	Salad Dressing Lemonaise with Chiles Lime & Cumin Cage Free Eggs	355	ml
The Ojai Cook	G	Salad Dressing Lemonaise with Garlic & Herb Cage Free Eggs	355	ml
Que Pasa	G	Salsa Chipotle Medium Organic Tomatoes	420	ml
Que Pasa	G	Salsa Mexicana Medium Organic Tomatoes	420	g
Que Pasa	G	Salsa Mexicana Mild Organic Tomatoes	420	g
Orphee, Maison	G	Salt Coarse Grey Salt	1	Kg
Orphee, Maison	G	Salt Fine Grey Sea Salt	500	g
Altura	G	Salt Pink Andean Table Salt	250	g
Filsinger's	G	Sauce Apple Organic	750	ml
Perth Pepper & Pestle	G	Sauce Asian Black Bean	250	ml
Huber's	G	Sauce Chili	250	ml
Indian Life	G	Sauce Coconut Cashew	360	ml
Greaves Jams & Marmalades	G	Sauce Cranberry	250	ml
Perth Pepper & Pestle	G	Sauce Curry & Cardamom	250	ml
Indian Life	G	Sauce Curry Cooking	360	ml
Dave's Gourmet	G	Sauce Hot Hurlin Habanero	142	g
Dave's Gourmet	G	Sauce Hot Temporary Insanity	142	g
Perth Pepper & Pestle	G	Sauce Sesame Orange	250	ml
Perth Pepper & Pestle	G	Sauce Texas Bourbon Mustard	250	ml
Simply Organic Frontier	G	Sauce Mix Hollandaise	28	g
Karthein's Organic	G	Sauerkraut Caraway & Juniper Unpasteurized Organic	750	ml
Karthein's Organic	G	Sauerkraut Carrots Ginger Unpasteurized Organic	750	ml
Green Table Foods	G	Sauerkraut Kim-Chi Kale Org	490	ml
Green Table Foods	G	Sauerkraut Kim-Chi Org	490	ml
Karthein's Organic	G	Sauerkraut Unpasteurized Organic	750	ml
Karthein's Organic	G	Sauerkraut Unpasteurized Organic	375	ml
Chef Francois	G	Seasoning Classic Seasoning	264	g
Chef Francois	G	Seasoning Classic Seasoning	1.13	Kg
Chef Francois	G	Seasoning Classic Seasoning	113	g
Perth Pepper & Pestle	G	Seasoning Crazy Cajun Curry	40	g
Perth Pepper & Pestle	G	Seasoning Fajita	30	g
Perth Pepper & Pestle	G	Seasoning Greek Olive Spice	20	g
Perth Pepper & Pestle	G	Seasoning Mesquite Sea Salt	60	g
Perth Pepper & Pestle	G	Seasoning Mexican Hat Dance	35	g
Perth Pepper & Pestle	G	Seasoning Moroccan Tagine	25	g
Perth Pepper & Pestle	G	Seasoning Sissy Jerk Jamaican	30	g
Sauces 'N' Stuff	G	Seasoning Chinese 5 Spice in a Jar	50	g
Sauces 'N' Stuff	G	Seasoning Curry Mild in a Jar	50	g
Sauces 'N' Stuff	G	Seasoning Garam Masala in a Jar	50	g
Sauces 'N' Stuff	G	Seasoning Italian Seasoning in a Jar	85	g
Sauces 'N' Stuff	G	Seasoning Moroccan Spice in a Jar	50	g
Sauces 'N' Stuff	G	Seasoning Poultry Seasoning in a Jar	65	g
Sauces 'N' Stuff	G	Seasoning Pumpkin Spice in a Jar	36	g
Sauces 'N' Stuff	G	Seasoning Taco Seasoning in a Jar	170	g
The Garlic Box	G	Seasoning Bruschetta Mix	25	g
The Garlic Box	G	Seasoning French Garlic Bread Seasoning	120	g
The Garlic Box	G	Seasoning Garlic & Blue Cheese Potato Seasoning	120	g
The Garlic Box	G	Seasoning Garlic Chili Lime Chicken Splash	250	ml
The Garlic Box	G	Seasoning Garlic Horseradish Mashed Potato Seasoning	120	g
The Garlic Box	G	Seasoning Garlic Mashed Potato Seasoning	120	g
The Garlic Box	G	Seasoning Garlic Veggie Salad Splash	250	ml
The Garlic Box	G	Seasoning Garlicky Italian Seasoning	120	g
The Garlic Box	G	Seasoning Hot Garlic Mashed Potato Seasoning	120	g
The Garlic Box	G	Seasoning Mix for Dip Garlic	25	g
The Garlic Box	G	Seasoning Mix for Dip Horseradish Garlic	25	g
The Garlic Box	G	Seasoning Smoked Garlic Seasoning Blend	150	g
SeaSnax	G	SeaVegi Salad Mix GF	25	g
SeaSnax	G	Sea Sprinkles Snack Clusters	50	g
SeaSnax	G	Seaweed Sheets Raw Classic Olive GF	15	g
SeaSnax	G	Seaweed Sheets Raw Toasty Onion GF	15	g
SeaSnax	G	Seaweed Sheets Raw Wasabi GF	15	g
Sonset Farm	G	Seed/Kernal/Berry Spelt Organic	5	Cup
CIPM	G	Seed/Kernal/Berry Wheat Organic	500	g
El Peto	G	Seeds Chia Black GF	1	Kg
Prana	G	Seeds Chia Whole Black Organic	300	g
Prana	G	Seeds Chia Whole White Organic	300	g
Oak Manor	G	Seeds Flaxseed Brown Organic	1	Kg
Manitoba Harvest	G	Seeds Hemp Hearts	227	g
Manitoba Harvest	G	Seeds Hemp Hearts Organic	340	g
Oak Manor	G	Seeds Pumpkin Organic	1	Kg
Prana	G	Seeds Pumpkin Raw European Organic	250	g
Oak Manor	G	Seeds Sunflower Hulled Raw Organic	1	Kg
Slawsa	G	Slawsa Garlic	16	oz
Slawsa	G	Slawsa Original	16	oz
Purest	G	Soup Thickener GF	300	g
Pristine Gourmet	G	Soya Sauce	250	ml
Sauces 'N' Stuff	G	Spice Rub BBQ Beef	147	g
Sauces 'N' Stuff	G	Spice Rub Cajun Blackened	105	g
Sauces 'N' Stuff	G	Spice Rub Grilled Chicken	117	g
Sauces 'N' Stuff	G	Spice Rub Sweet Chili	105	g
Sauces 'N' Stuff	G	Spice Rub Vegetable	123	g
The Garlic Box	G	Spice Rub Garlic	75	g
Arayuma	G	Spices Cinnamon Quills Organic	25	g
Arayuma	G	Spices Coriander Whole Organic	25	g
Arayuma	G	Spices Cumin Seed Ground Organic	30	g

Arayuma	G	Spices Cumin Seed Whole Organic	30	g
Arayuma	G	Spices Fenugreek Whole Small Organic	30	g
Arayuma	G	Spices Nutmeg Whole Organic	30	g
Arayuma	G	Spices Turmeric Ground Organic	30	g
Arvinda's	G	Spices Chai Masala in a Tin	44	g
Arvinda's	G	Spices Curry Masala in a Tin	70	g
Arvinda's	G	Spices Garam Masala in a Tin	44	g
Arvinda's	G	Spices Madras Masala in a Tin	70	g
Fontaine Sante	G	Spread Baba Gannouj	255	g
Earth Balance	G	Spread Buttery Natural	425	g
Earth Balance	G	Spread Buttery Whipped Organic	369	g
Earth Balance	G	Spread Coconut Buttery	283	g
Earth Balance	G	Spread Coconut Buttery Organic	284	g
Earth Balance	G	Spread Original Buttery	425	g
Fontaine Sante	G	Spread Hummus 7 Peppers	260	g
Fontaine Sante	G	Spread Hummus Eggplant & Olives	260	g
Fontaine Sante	G	Spread Hummus Roasted Garlic	260	g
Fontaine Sante	G	Spread Pesto	180	g
Fontaine Sante	G	Spread Tzatziki	255	g
Nuts To You	G	Spread Tahini	500	g
Nuts To You	G	Spread Tahini FT Organic	500	g
Nuts To You	G	Spread Tahini FT Organic	250	g
Canada's Own	G	Stock Chicken	725	ml
Canada's Own	G	Stock Vegetable	725	ml
Wholesome Sweeteners	G	Sugar Cane Dark Brown Organic	681	g
Wholesome Sweeteners	G	Sugar Cane Raw	681	g
Wholesome Sweeteners	G	Sugar Cane Sucanat FT Organic	907	g
Wholesome Sweeteners	G	Sugar Cane Sucanat FT Organic	454	g
Wholesome Sweeteners	G	Sugar Coconut Palm Organic	454	g
Wholesome Sweeteners	G	Sugar Demerera Turbin Organic	681	g
Wholesome Sweeteners	G	Sugar Evaporated Cane Juice Organic	907	g
Wholesome Sweeteners	G	Sugar Evaporated Cane Juice Organic	454	g
Wholesome Sweeteners	G	Sugar Icing Powdered Organic	454	g
Voisin's Maple Syrup	G	Sugar Maple Pure	150	g
Just A Pinch Specialty Sugar	G	Sugar Topping Cinnamon Sugar	90	g
Just A Pinch Specialty Sugar	G	Sugar Topping Ginger Sugar	90	g
Just A Pinch Specialty Sugar	G	Sugar Topping Wild Raspberry Sugar	90	g
Wholesome Sweeteners	G	Sweetener Agave Syrup Blue SM Organic	240	ml
Wholesome Sweeteners	G	Sweetener Agave Syrup Blue SM Organic 7 pkg	245	g
Wholesome Sweeteners	G	Sweetener Stevia 1 g pkgs-35 ct	35	g
Frontier	G	Sweetener Stevia Extract	113	g
Wholesome Sweeteners	G	Syrup Corn Syrup Light with Vanilla Organic	230	ml
Perth Pepper & Pestle	G	Syrup Gingerbread	150	ml
Perth Pepper & Pestle	G	Syrup Lemongrass & Coconut	150	ml
Turkey Hill Sugarbush Ltd	G	Syrup Wild Blueberry	125	ml
The Dark Tickle	G	Syrup Wild NFDL Bakeapple	135	ml
The Dark Tickle	G	Syrup Wild NFDL Blueberries	135	ml
The Dark Tickle	G	Syrup Wild NFDL Crowberries	135	ml
The Dark Tickle	G	Syrup Wild NFDL Partridgeberries	135	ml
The Dark Tickle	G	Syrup Wild NFDL Squashberries	135	ml
Pristine Gourmet	G	Tamari	250	ml
San-J	G	Tamari Gold Label Organic	296	ml
San-J	G	Tamari Green Label 50% Less Sodium	296	ml
San-J	G	Tamari Premium Black Label GF	296	ml
The Ojai Cook	G	Tartar Sauce Bite Back Cage Free Eggs	355	ml
Four O'Clock	G	Tea Almond Biscotti Winter 16ct	28.8	g
Four O'Clock	G	Tea Banana Cinnamon Spice Winter 16ct	30.4	g
Four O'Clock	G	Tea Chocolate Spice Chai 16ct	35.2	g
Four O'Clock	G	Tea Cranberry Herbal 16ct	32	g
Four O'Clock	G	Tea English Breakfast Black 16ct	34	g
Four O'Clock	G	Tea Gingerbread Herbal Winter 16ct	28.8	g
Turkey Hill Sugarbush Ltd	G	Tea Green Tea with Maple	40	g
Four O'Clock	G	Tea Herbalist All-In-One Cold & Cough Night No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Detox Artichoke No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Detox No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Digestive 20 ct	30	g
Four O'Clock	G	Tea Herbalist Elimination Cherry Stems No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Elimination Laxative No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Good Night Calm No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Relax Plus Calm No Caffeine 20ct	30	g
Four O'Clock	G	Tea Herbalist Throat Soother No Caffeine 20ct	30	g
Four O'Clock	G	Tea Hot/Cold Green Tea Cucumber Mint 16ct	28.8	g
Four O'Clock	G	Tea Hot/Cold Herbal Fruit Sangria 16ct	32	g
Four O'Clock	G	Tea Hot/Cold Herbal Strawberry Daiquiri 16ct	32	g
Lavender Hills	G	Tea Lavender Earl Grey	100	g
Lavender Hills	G	Tea Lavender Mediterranean	100	g
Lavender Hills	G	Tea Lavender Rooibos	100	g
Lavender Hills	G	Tea Lavender Victorian Christmas	100	g
Four O'Clock	G	Tea Lemon Ginger 16ct	28.8	g
Four O'Clock	G	Tea Licorice Spice FT 16ct	32	g
Turkey Hill Sugarbush Ltd	G	Tea Maple	40	g
Four O'Clock	G	Tea Peppermint 16ct	20.8	g
Four O'Clock	G	Tea Pomegranate Echinacea 16ct	28.8	g
Four O'Clock	G	Tea Sweet Chamomile 16ct	20	g
The Dark Tickle	G	Tea Tin Wild NFDL Blueberry 10 ct	20	g
The Dark Tickle	G	Tea Tin Wild NFDL Partridgeberry 10 ct	20	g
The Dark Tickle	G	Tea Tin Wildberry NFDL Bakeapple 10 ct	20	g
Four O'Clock	G	Tea Truffle Mint Herbal Winter 16ct	32	g
The Dark Tickle	G	Tea Wild NFDL Blueberry 5 ct	10	g
The Dark Tickle	G	Tea Wild NFDL Partridgeberry 5 ct	10	g
The Dark Tickle	G	Tea Wildberry Wild NFDL Bakeapple 5 ct	10	g
Herb Haven	G	Tea Loose Leaf Chamomile	18-24	g
Herb Haven	G	Tea Loose Leaf Lemon Balm	18-24	g
Herb Haven	G	Tea Loose Leaf Nettle	18-24	g
Herb Haven	G	Tea Loose Leaf Peppermint	18-24	g
Herb Haven	G	Tea Loose Leaf Raspberry	18-24	g
Herb Haven	G	Tea Loose Leaf Relax	18-24	g
Four O'Clock	G	Tea Loose Leaf Whole Japanese Sencha Green Organic	95	g
Four O'Clock	G	Tea Loose Leaf Whole Jasmine Pearls Green Tea Organic	130	g

Four O'Clock	G	Tea Loose Leaf Whole White Organic	40	g
Noble Bean	G	Tempeh Original Soy Organic	240	g
Noble Bean	G	Tempeh Quinoa & Sesame Organic	240	g
Noble Bean	G	Tempeh Sea Vegetables Organic	240	g
Pristine Gourmet	G	Teriyaki Sauce	250	ml
La Soyarie	G	Tofu Firm Organic	454	g
Kernal Peanuts	G	Trail Mix Hot N Sweet with Ontario Peanuts	200	g
Kernal Peanuts	G	Trail Mix Hot N Sweet with Ontario Peanuts	80	g
Kernal Peanuts	G	Trail Mix Margaret's with Ontario Peanuts	200	g
Kernal Peanuts	G	Trail Mix Margaret's with Ontario Peanuts	80	g
The Garlic Box	G	Vinaigrette Apple Cider & Garlic	400	ml
Simply Natural	G	Vinaigrette Miso Ginger	354	ml
Herb Haven	G	Vinaigrette Savory & Lemon Infused Vinegar	250	ml
Perth Pepper & Pestle	G	Vinaigrette Smokey Lanark Maple	250	ml
Filsinger's	G	Vinegar Apple Cider	3.78	Ltr
Filsinger's	G	Vinegar Apple Cider	945	ml
Perth Pepper & Pestle	G	Vinegar Balsamic Black Olive	250	ml
Spectrum Naturals	G	Vinegar Balsamic Organic	500	ml
Perth Pepper & Pestle	G	Vinegar Balsamic Port Wine Reduction	250	ml
Perth Pepper & Pestle	G	Vinegar Balsamic Raspberry	250	ml
Spectrum Naturals	G	Vinegar Red Wine Organic	500	ml
Spectrum Naturals	G	Vinegar White Wine Organic	500	ml
The Dark Tickle	G	Vinegar Wild NFL Bakeapple	200	ml
The Dark Tickle	G	Vinegar Wild NFLD Blueberry	200	ml
The Dark Tickle	G	Vinegar Wild NFLD Partridgeberry	200	ml
The Dark Tickle	G	Vinegar Wild NFLD Squashberry	200	ml
Glutino	G	Wafers Chocolate Cream	130	g
Glutino	G	Wafers Lemon Cream	200	g
Glutino	G	Wafers Vanilla Cream	130	g
Nature's Path	G	Waffles Ancient Grains Organic	210	g
Nature's Path	G	Waffles Buckwheat Wildberry GF Organic	210	g
Nature's Path	G	Waffles Maple Cinnamon Organic	210	g
Eden Foods	G	Wasabi Condiment	25	g
De L'Aubier	G	Water Eau De L'Aubier	750	ml
Saint-Justin	G	Water Mineral Carbonated Natural	750	ml
Saint-Justin	G	Water Mineral Carbonated Natural	355	ml
Voss	G	Water Carbonated	800	ml
Voss	G	Water Still	375	ml
Vita Coco	G	Water Coconut Water	330	ml
Eden Foods	G	Wine Cooking Mirin	300	ml
Wizard's Sauces	G	Worcestershire Sauce	250	ml
El Peto	G	Xanthum Gum GF	225	g
Purest	GFZ	Bread Cheese Bread GF	680	g
Purest	GFZ	Bread Cinnamon Raisin Bread GF	680	g
Purest	GFZ	Bread Crusted Top GF	680	g
El Peto	GFZ	Bread Raisin GF	650	g
Purest	GFZ	Bread White GF	680	g
El Peto	GFZ	Bread Whole Grain Brown Rice Sandwich Bread GF	820	g
El Peto	GFZ	Buns Fruit Buns GF	520	g
ElPeto	GFZ	Buns Italian Hamburger GF	8	Each
Glutino	GFZ	English Muffins GF	480	g
Dream Come True Kitchen	GFZ	Entrée Beef Bourguignon	900	g
Dream Come True Kitchen	GFZ	Entrée Beef Bourguignon	400	g
Dream Come True Kitchen	GFZ	Entrée Chicken Parmigiana	360	g
Sol Cuisine	GFZ	Entrée Falafel with Sauce Organic	360	g
Dream Come True Kitchen	GFZ	Entrée Fillet of Sole	600	g
Dream Come True Kitchen	GFZ	Entrée Fillet of Sole	300	g
Dream Come True Kitchen	GFZ	Entrée Meat Pie Chicken Cordon Bleu Pot Pie	400	g
Dream Come True Kitchen	GFZ	Entrée Meat Pie Chicken Pot Pie	400	g
Dream Come True Kitchen	GFZ	Entrée Meat Pie Steak & Guinness	900	g
Dream Come True Kitchen	GFZ	Entrée Meat Pie Steak & Guinness	400	g
Rita's Natural & Organic Foods	GFZ	Entrée Meat Pie Steak & Kidney	325	g
Pasta Tavola	GFZ	Entrée Pasta Cannelloni Meat Ready To Go	350	g
Pasta Tavola	GFZ	Entree Pasta Penne Chicken Alfredo Ready To Go	300	g
Pasta Tavola	GFZ	Entree Pasta Ravioli Chicken & Sage	500	g
Pasta Tavola	GFZ	Entrée Pasta Ravioli Gourmet Mushroom	500	g
Pasta Tavola	GFZ	Entree Pasta Ravioli Roasted Butternut Squash	500	g
Pasta Tavola	GFZ	Entrée Pasta Ravioli Tuscan Bean	500	g
Pasta Tavola	GFZ	Entrée Pasta Rigatoni with Spicy Sausage & Peppers Ready To Go	300	g
Dream Come True Kitchen	GFZ	Entrée Pasta Shells Stuffed	750	g
Pasta Tavola	GFZ	Entrée Pasta Three Cheese Cannelloni Ready To Go	350	g
Pasta Tavola	GFZ	Entrée Pasta Vegetable Lasagna Oven Ready	1.2	Kg
Pasta Tavola	GFZ	Entrée Pasta Vegetable Lasagna Oven Ready Tray	600	g
Alexia Foods	GFZ	Fries Sweet Potato with Sea Salt	425	g
Alexia Foods	GFZ	Fries Wedge Rosemary Garlic	450	g
Natural Choice Foods	GFZ	Frozen Fruit Bars Coconut	471	g
Natural Choice Foods	GFZ	Frozen Fruit Bars Orange	468	g
Natural Choice Foods	GFZ	Frozen Fruit Bars Raspberry	102	g
Natural Choice Foods	GFZ	Frozen Fruit Bars Strawberry	468	g
Screamin Brothers	GFZ	Frozen Treat Coconut Milk Chocolate	473	ml
Screamin Brothers	GFZ	Frozen Treat Coconut Milk Key Lime	473	ml
Screamin Brothers	GFZ	Frozen Treat Coconut Milk Vanilla	473	ml
Alexia Foods	GFZ	Onion Rings Sea Salt	340	g
Indian Life	GFZ	Pakoras Mixed Vegetables	400	g
Conte's Pasta	GFZ	Pierogies Onion GF	340	g
Conte's Pasta	GFZ	Pierogies Potato & Cheese GF	340	g
Authentik	GFZ	Pizza Piece Deluxe	200	g
Authentik	GFZ	Pizza Piece Supreme	200	g
Daiya	GFZ	Pizza Mushroom & Garlic Dairy Free	443	g
Daiya	GFZ	Pizza Roasted Vegetable Dairy Free	471	g
Indian Life	GFZ	Samosas Mixed Vegetables	400	g
Indian Life	GFZ	Samosas Spinach	400	g
Happy Planet	GFZ	Soup Butternut Squash Berkeley Organic	650	ml
Happy Planet	GFZ	Soup Chilliwack Broccoli & Cheddar	500	ml
Happy Planet	GFZ	Soup Fraser Valley Mushroom & Mascarpone	500	ml
Happy Planet	GFZ	Soup Louisiana Sweetcorn Red Pepper Organic	650	ml
Happy Planet	GFZ	Soup Thai Coconut	650	ml
El Peto	GFZ	Tarts Butter GF	6	Each
El Peto	GFZ	Tarts Pecan GF	6	Each

Que Pasa	GFZ	Tortillas Corn Organic	312	g
Alba Lisa	GFZ	Tortillas White Corn Organic	215	g
Alba Lisa	GFZ	Tortillas Yellow Corn Organic	215	g
Abeego	GT	Food Wrap Beeswax Giant Flat Extra Long	Xlong	Each
Abeego	GT	Food Wrap Beeswax Variety Pack	S,M,L	Each
Onyx	GT	Food Container Glass Airtight Oven to Fridge Rectangular with Lid	900	ml
Onyx	GT	Food Container Glass Airtight Oven to Fridge Square with Lid	500	ml
Onyx	GT	Food Container Glass Airtight Oven to Fridge Round with Lid	830	ml
Onyx	GT	Food Container Glass Airtight Oven to Fridge Round with Lid	400	ml
Onyx	GT	Food Container Stainless Steel Airtight 3 Clip 140 ml	8	cm
Onyx	GT	Food Container Stainless Steel Airtight 3 Clip 1.75 Ltr	18	cm
Onyx	GT	Food Container Stainless Steel Airtight 3 Clip 350 ml	10	cm
Onyx	GT	Food Container Stainless Steel Airtight 3 Clip Double Walled	15	cm
Onyx	GT	Food Container Stainless Steel Airtight with Dividers 3 Clip	18	cm
Onyx	GT	Food Container Stainless Steel Airtight Dip/Condiment	1.5	oz
Onyx	GT	Food Tiffin Stainless Steel 2 Layer Double Walled	5.5	cm
Onyx	GT	Ice Cube Tray Stainless Steel	12	cubes
Onyx	GT	Sandwich Box Stainless Steel 2 Layer	Med	Each
Onyx	GT	Straws Stainless Steel 17.65X6	4	Each
Aztext Press	GT	Book Biodiesel Basics		Each
Aztext Press	GT	Book Biodiesel Basics and Beyond		Each
Aztext Press	GT	Book Grow Your Own Vegetables		Each
Aztext Press	GT	Book Living with Renewable Energy		Each
Aztext Press	GT	Book Smart Power		Each
Aztext Press	GT	Book The All You Can Eat Gardening Book		Each
Aztext Press	GT	Book The Renewable Energy Handbook		Each
Aztext Press	GT	Book The Zero-Carbon Car		Each
Aztext Press	GT	Book Thriving During Challenging Times		Each
Aztext Press	GT	Book Wind Turbine Installation		Each
Firefly Books	GT	Book Kingston & Frontenac County		Each
Harry Jordon	GT	Book Meat Harry		Each
Duerst Metal	GT	Hooks Metal Hand Forged		Each
Duerst Metal	GT	Handles Metal Hand Forged		Each
Bee Queen	GT	Personal Care Body Balm Beeswax	4	oz
Bee Queen	GT	Personal Care Body Balm Beeswax	2	oz
Bee Queen	GT	Bowl & Cutting Board Conditioner Beeswax	2	oz
Bee Queen	GT	Candle Beeswax Drip Pillar 5 Inch		Each
Bee Queen	GT	Candle Beeswax Drone Pillar Large		Each
Bee Queen	GT	Candle Beeswax Drone Pillar Medium		Each
Bee Queen	GT	Candle Beeswax Round Pillar 5 Inch		Each
Bee Queen	GT	Candle Beeswax Spiral Pillar 5 Inch		Each
Bee Queen	GT	Candle Beeswax Spiral Pillar 7 Inch		Each
Bee Queen	GT	Candle Beeswax Tapered 10 Inch	2	Pkg
Bee Queen	GT	Candle Beeswax Tapered 7 Inch	7	Pkg
Bee Queen	GT	Candles Beeswax Tea Lites	6	pkg
Lavender Hills	GT	Candles Tea Lights Lavender	4	Pkg
Bee Queen	GT	Candle Beeswax with Honey Gift Box		Each
Nova Scotia Fishermen	GT	Personal Care Gift Pack Stem To Stern Burlap Bag with Hand Soap Lip Balm, Lotion & Rescu		Each
Nova Scotia Fishermen	GT	Personal Care Body Scrub Salt N Sea Natural Sea Salt	153	g
Nova Scotia Fishermen	GT	Personal Care Cuticle Rescue with Sea Buckthorn and Nova Scotia Sea K	9.9	g
Nova Scotia Fishermen	GT	Personal Care Hand & Body Lotion Sea Kelp Pump	12	oz
Nova Scotia Fishermen	GT	Personal Care Hand & Body Lotion Sea Kelp Tube	3.4	oz
Nova Scotia Fishermen	GT	Personal Care Lip Balm With Shea Butter and Nova Scotia Sea Kelp	9.9	g
Nova Scotia Fishermen	GT	Personal Care Rescue Balm with Sea Kelp for Hands Feet Cuts & Bites	28.4	g
Nova Scotia Fishermen	GT	Personal Care Soap Bar Extreme Skin Care Apple Cider Soap	4.8	oz
Nova Scotia Fishermen	GT	Personal Care Soap Bar Fundy Clay & Mint with Sea Kelp	4.8	oz
Nova Scotia Fishermen	GT	Personal Care Soap Bar Sea Fennel & Bayberry with Sea Kelp	4.8	oz
Nova Scotia Fishermen	GT	Personal Care Soap Bar Seabuckthorn Shea Butter & Sea Kelp	4.8	oz
Bee Queen	GT	Personal Care Lip Balm Tube Beeswax	10	g
Bee Queen	GT	Personal Care Lip Balm Tin Beeswax	10	g
Lavender Hills	GT	Personal Care Body Lotion Green Tea	250	ml
Lavender Hills	GT	Personal Care Body Lotion Lavender	250	ml
Lavender Hills	GT	Personal Care Body Wash Lavender Hemp	250	ml
Lavender Hills	GT	Personal Care Bubble Bath	60	ml
Lavender Hills	GT	Personal Care Essential Oil Lavender	10	ml
Lavender Hills	GT	Personal Care Foot Butter Lavender	60	ml
Lavender Hills	GT	Personal Care Foot Scrub Lavender	120	ml
Lavender Hills	GT	Personal Care Hand Cream Lavender	120	ml
Lavender Hills	GT	Personal Care Hand Lotion Lavender	250	ml
Lavender Hills	GT	Personal Care Massage Oil Lavender Avocado Hemp	60	ml
Lavender Hills	GT	Personal Care Neck Wrap Buckwheat & Lavender		Each
Lavender Hills	GT	Personal Care Neck Wrap Flaxseed & Lavender		Each
Lavender Hills	GT	Personal Care Shower Gel Lavender	250	ml
Lavender Hills	GT	Personal Care Sleepy Lavender Pillow Spray	250	ml
Lavender Hills	GT	Personal Care Soap Bar Gardeners Hand Soap		Each
Lavender Hills	GT	Sachet Lavender Embroidered with Window		Each
Lavender Hills	GT	Sachet Lavender Heart Shaped		Each
Lavender Hills	GT	Sachet Lavender Organza Lavender		Each
Nova Scotia Fishermen	GT	Gift Pack Personal Care Stem To Stern Burlap Bag with Hand Soap Lip Balm, Lotion & Rescu		Each
Bee Queen	GT	Gift Box Candle Beeswax with Honey		Each
Kim's Mother	GT	Socks Wool	one size	Each
Thermohair	GT	Socks Mohair Children's Coloured	11-2	Each
Thermohair	GT	Socks Mohair Children's Natural	11-2	Each
Thermohair	GT	Socks Mohair Regular Ladies Coloured	5-6	Each
Thermohair	GT	Socks Mohair Regular Ladies Coloured	7-9	Each
Thermohair	GT	Socks Mohair Regular Ladies Coloured	10-12	Each
Thermohair	GT	Socks Mohair Regular Ladies Natural	5-6	Each
Thermohair	GT	Socks Mohair Regular Ladies Natural	7-9	Each
Thermohair	GT	Socks Mohair Regular Ladies Natural	10-12	Each
Thermohair	GT	Socks Mohair Regular Men's Coloured	6-7	Each
Thermohair	GT	Socks Mohair Regular Men's Coloured	8-10	Each
Thermohair	GT	Socks Mohair Regular Men's Coloured	11-12	Each
Thermohair	GT	Socks Mohair Regular Men's Coloured	13-14	Each
Thermohair	GT	Socks Mohair Regular Men's Natural	6-7	Each
Thermohair	GT	Socks Mohair Regular Men's Natural	8-10	Each
Thermohair	GT	Socks Mohair Regular Men's Natural	11-12	Each
Thermohair	GT	Socks Mohair Regular Men's Natural	13-14	Each
Thermohair	GT	Socks Mohair Ski Ladies Coloured	5-6	Each
Thermohair	GT	Socks Mohair Ski Ladies Coloured	7-9	Each

Thermohair	GT	Socks Mohair Ski Ladies Coloured	10-12	Each
Thermohair	GT	Socks Mohair Ski Ladies Natural	5-6	Each
Thermohair	GT	Socks Mohair Ski Ladies Natural	7-9	Each
Thermohair	GT	Socks Mohair Ski Ladies Natural	10-12	Each
Thermohair	GT	Socks Mohair Ski Men's Coloured	8-10	Each
Thermohair	GT	Socks Mohair Ski Men's Coloured	11-12	Each
Thermohair	GT	Socks Mohair Ski Men's Natural	8-10	Each
Thermohair	GT	Socks Mohair Ski Men's Natural	11-12	Each
Thermohair	GT	Socks Mohair Sport Ladies Coloured	5-6	Each
Thermohair	GT	Socks Mohair Sport Ladies Coloured	7-9	Each
Thermohair	GT	Socks Mohair Sport Ladies Coloured	10-12	Each
Thermohair	GT	Socks Mohair Sport Ladies Natural	5-6	Each
Thermohair	GT	Socks Mohair Sport Ladies Natural	7-9	Each
Thermohair	GT	Socks Mohair Sport Ladies Natural	10-12	Each
Thermohair	GT	Socks Mohair Sport Men's Coloured	6-7	Each
Thermohair	GT	Socks Mohair Sport Men's Coloured	8-10	Each
Thermohair	GT	Socks Mohair Sport Men's Coloured	11-12	Each
Thermohair	GT	Socks Mohair Sport Men's Coloured	13-14	Each
Thermohair	GT	Socks Mohair Sport Men's Natural	6-7	Each
Thermohair	GT	Socks Mohair Sport Men's Natural	8-10	Each
Thermohair	GT	Socks Mohair Sport Men's Natural	11-12	Each
Thermohair	GT	Socks Mohair Sport Men's Natural	13-14	Each
Thermohair	GT	Insoles Mohair Ladies' Sizes	5-10	Each
Thermohair	GT	Insoles Mohair Men's Sizes	6-13	Each
Thermohair	GT	Leg Warmers Mohair Coloured	one size	Each
Thermohair	GT	Leg Warmers Mohair Natural	one size	Each
Topsy Farms	GT	Mittens Sheepskin	Small	Each
Topsy Farms	GT	Mittens Sheepskin	Baby	Each
Kim's Mother	GT	Slippers Thrummed Acrylic	1 Size	Each
Topsy Farms	GT	Slippers Sheepskin	Lg	Each
Topsy Farms	GT	Baby Booties Sheepskin		Each
Topsy Farms	GT	Lambskins Natural Dark		Each
Topsy Farms	GT	Lambskins White		Each
Topsy Farms	GT	Sheepskins Shaggy Natural Colour		Each
Topsy Farms	GT	Sheepskins Shaggy White		Each
Topsy Farms	GT	Sheepskins Trimmed Natural Colour		Each
Topsy Farms	GT	Sheepskins Trimmed White		Each
Topsy Farms	GT	Throw Wool		Each
Topsy Farms	GT	Blanket Wool Dyed	Queen	Each
Topsy Farms	GT	Blanket Wool Natural	Queen	Each
Topsy Farms	GT	Blanket Wool Tartan	Queen	Each
Thermohair	GT	Throw Mohair	48x78	Inches
Thermohair	GT	Blanket Mohair Queen	78x98	Inches
Topsy Farms	GT	Yarn Wool Dyed Skeins	200-215	Yrds
Topsy Farms	GT	Yarn Wool Skeins Natural	200	Yrds
Seed To Sausage	M	Bacon Molasses Black Pepper Retail Package	0.350	Kg
Seed To Sausage	M	Bacon Old Fashion Dry Smoked Retail Package	0.350	Kg
Seed To Sausage	M	Bacon Peameal Sliced Retail Package	0.400	Kg
Wallace Beef	M	Beef Steaks Rib Eyes AAA	0.350	Kg
Wallace Beef	M	Beef Steaks Striploins AAA	0.256	Kg
AF Webber Summer Sausage	M	Chubb-Beef	2	lb
AF Webber Summer Sausage	M	Chubb-Beef & Pork	2	lb
Great Canadian Meat Company	M	Pepperstick & Cheese	80	g
Noah Martin	M	Peppersticks Hot	50	g
Noah Martin	M	Peppersticks Mild	50	g
Noah Martin	M	Peppersticks Turkey	50	g
Seed To Sausage	M	Salami Pork Chub Hunter's	0.335	Kg
Seed To Sausage	M	Salami Pork Chub Smoked Northern Italian	0.335	Kg
Seed To Sausage	M	Sausage Dry Cure Pork Chorizo	8	Inch
Seed To Sausage	M	Sausage Dry Cure Pork Saussisson Sec	8	Inch
Seed To Sausage	M	Sausage Pork Apple Sage 3/Pkg	0.475	Kg
Seed To Sausage	M	Sausage Pork Caramelized Onion & Pepper 3/Pkg	0.475	Kg
Seed To Sausage	M	Sausage Pork Chorizo 3/Pkg	0.475	Kg
Seed To Sausage	M	Sausage Pork Jalapeno Cheese Smokey 3/Pkg	0.425	Kg
Seed To Sausage	M	Sausage Pork Maple Walnut 3/Pkg	0.475	Kg
Seed To Sausage	M	Sausage Pork Red Wine & Garlic 3/Pkg	0.475	Kg
Old Canadiana Fine Foods	M	Summer Sausage Hickory Smoke	350	g
Life Choices	MFZ	Chicken Burger Breaded	567	g
Life Choices	MFZ	Chicken Strips Breaded	600	g
Life Choices	MFZ	Hot Dogs All Beef Nitrate Free	375	g
Life Choices	MFZ	Hot Dogs Chicken	375	g
Life Choices	MFZ	Sausage Beef Smokie	375	g
Life Choices	MFZ	Sausages Chicken Chipotle	375	g
Lyons Family Turkey Farm	MFZ	Chicken Breast Ground 1 lb	0.454	Kg
Lyons Family Turkey Farm	MFZ	Chicken Butterfly Tray Pack	0.650	Kg
Lyons Family Turkey Farm	MFZ	Chicken Drumsticks Tray Pack 6-8/Pkg	0.550	Kg
Lyons Family Turkey Farm	MFZ	Chicken Thighs No Backs Bn-In Skn-On Tray Pack 6-8/Pkg	0.800	Kg
Lyons Family Turkey Farm	MFZ	Chickens Fryers Antibiotic Free 4-6 lbs	2.270	Kg
Lyons Family Turkey Farm	MFZ	Chickens Roasters 6-10 lbs	3.630	Kg
Lyons Family Turkey Farm	MFZ	Duck Whole 5-7 lbs	2.750	Kg
Lyons Family Turkey Farm	MFZ	Goose Whole 9-12 lbs	10.500	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Apple Apricot 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Breakfast Plain 8/pkg	0.350	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Honey Garlic 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Hot Italian 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Mild Italian 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Ocktoberfest 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Sausages Tomato Basil 4/Pkg	0.450	Kg
Lyons Family Turkey Farm	MFZ	Turkey Burgers 1/4 lb Patties 4/pk	0.454	Kg
Lyons Family Turkey Farm	MFZ	Turkey Ground Breast	0.454	Kg
Lyons Family Turkey Farm	MFZ	Turkey Ground Thigh	0.454	Kg
Lyons Family Turkey Farm	MFZ	Turkey Whole	>32	lbs
Lyons Family Turkey Farm	MFZ	Turkey Whole	25-32	lbs
Lyons Family Turkey Farm	MFZ	Turkey Whole	>20<25	lbs
Lyons Family Turkey Farm	MFZ	Turkey Whole	16-20	lbs
Lyons Family Turkey Farm	MFZ	Turkey Whole	>12<16	lbs
Ontario Whitetail Ranch	MFZ	Venison Whole	Whole	Each
Ontario Whitetail Ranch	MFZ	Venison Hip Roast	7-8	lbs
Ontario Whitetail Ranch	MFZ	Venison 1/2 Hip Roast	3-4	lbs

Ontario Whitetail Ranch	MFZ	Venison 1/2 Shoulder Roast	3-4	lbs
Ontario Whitetail Ranch	MFZ	Venison Chop 2/pkg	0.5	lb
Ontario Whitetail Ranch	MFZ	Venison Ground	1	lb
Ontario Whitetail Ranch	MFZ	Venison Hip Roast	8	lb
Ontario Whitetail Ranch	MFZ	Venison Hip Steak 1/pkg	0.4	lb
Ontario Whitetail Ranch	MFZ	Venison Ribs	0.5	lb
Ontario Whitetail Ranch	MFZ	Venison Shoulder Chop 1/pkg	0.35	lb
Ontario Whitetail Ranch	MFZ	Venison Shoulder Roast	6-7	lb
Ontario Whitetail Ranch	MFZ	Venison Stew	1	lb
Topsy Farms	MFZ	Lamb	Whole	Each
Topsy Farms	MFZ	Lamb	Half	Each
Topsy Farms	MFZ	Lamb Ground	1	lb
Topsy Farms	MFZ	Lamb Heart	1	Pkg
Topsy Farms	MFZ	Lamb Kidneys	2	Pkg
Topsy Farms	MFZ	Lamb Leg Chops	1	Pkg
Topsy Farms	MFZ	Lamb Leg Half Boneless Butterfly-Shank Removed	3	lbs
Topsy Farms	MFZ	Lamb Leg Half-Shank Removed	3-4	lbs
Topsy Farms	MFZ	Lamb Leg Whole Boneless Butterfl- Shank Removed	6-7	lbs
Topsy Farms	MFZ	Lamb Leg Whole-Shank Removed	7-8	Pkg
Topsy Farms	MFZ	Lamb Liver	1	lb
Topsy Farms	MFZ	Lamb Loin Chops	2	Pkg
Topsy Farms	MFZ	Lamb Neck Bones Meat On	2	Pkg
Topsy Farms	MFZ	Lamb Rack	3	lbs
Topsy Farms	MFZ	Lamb Rib Chops	2	Pkg
Topsy Farms	MFZ	Lamb Shanks 1 Front 1 Back	2	Pkg
Topsy Farms	MFZ	Lamb Shoulder Roast Half	3.5	lbs
Topsy Farms	MFZ	Lamb Shoulder Roast Whole	7	lbs
Topsy Farms	MFZ	Lamb Shoulder Steak	1	Pkg
Topsy Farms	MFZ	Lamb Stew	1	lb
Wallace Beef	MFZ	Beef Bones Centre Cut	1	lb
Wallace Beef	MFZ	Beef Bones Mixed Knuckle	2.5	lbs
Wallace Beef	MFZ	Beef Heart	2	lbs
Wallace Beef	MFZ	Beef Liver Sliced	1	lb
Wallace Beef	MFZ	Beef Oxtail	2	lbs
Wallace Beef	MFZ	Beef Patties 150g Patties 5/pkg	750	g
Wallace Beef	MFZ	Beef Patties 150g Patties 5/pkg	750	g
Wallace Beef	MFZ	Beef Steak Flank	1	Kg
Wallace Beef	MFZ	Beef Suet	2	lbs
Wallace Beef	MFZ	Beef Tenderloins Ungraded	4-5	lbs
Wallace Beef	MFZ	Beef Tongue	1-2	lbs
Perry Farm	MFZ	Beef Finished	Whole	Each
Perry Farm	MFZ	Beef Finished	Half	Each
Perry Farm	MFZ	Beef Finished	Quarter	Each
Perry Farm	MFZ	Beef Braising Ribs Bone In	2	lb
Perry Farm	MFZ	Beef Fat/Suet	2	lb
Perry Farm	MFZ	Beef Ground	1	lb
Perry Farm	MFZ	Beef Heart	2	lb
Perry Farm	MFZ	Beef Liver	1	lb
Perry Farm	MFZ	Beef Oxtail	2	lb
Perry Farm	MFZ	Beef Patties	5	oz
Perry Farm	MFZ	Beef Roast Blade Bone In	4	lb
Perry Farm	MFZ	Beef Roast Brisket Boneless	3-4	lb
Perry Farm	MFZ	Beef Roast Cross Rib Boneless	4	lb
Perry Farm	MFZ	Beef Roast Eye of Round Boneless	3-4	lb
Perry Farm	MFZ	Beef Roast Inside Round Boneless	4	lb
Perry Farm	MFZ	Beef Roast Prime Rib Bone In	4	lb
Perry Farm	MFZ	Beef Roast Rump Boneless	4	lb
Perry Farm	MFZ	Beef Roast Short Rib Boneless	4	lb
Perry Farm	MFZ	Beef Roast Sirloin Tip Boneless	4	lb
Perry Farm	MFZ	Beef Soup/Dog Bones	2	lb
Perry Farm	MFZ	Beef Steak Eye of Round Medallions Boneless	2	Stk
Perry Farm	MFZ	Beef Steak Flank Boneless	1	Stk
Perry Farm	MFZ	Beef Steak Inside Round Boneless	1	Stk
Perry Farm	MFZ	Beef Steak Porterhouse Bone In	1	Stk
Perry Farm	MFZ	Beef Steak Prime Rib Bone In	1	Stk
Perry Farm	MFZ	Beef Steak Sirloin Boneless	1	Stk
Perry Farm	MFZ	Beef Steak Skirt Boneless	1	Stk
Perry Farm	MFZ	Beef Steak Striploin Boneless	1	Stk
Perry Farm	MFZ	Beef Steak T-Bone Bone-In	1	Stk
Perry Farm	MFZ	Beef Steak Tenderloin Medallions Boneless	2	Stk
Perry Farm	MFZ	Beef Stew	1	lb
Perry Farm	MFZ	Beef Tongue	2	lb
Perry Farm	MFZ	Pork Bacon	1	lb
Perry Farm	MFZ	Pork Bones	1	lb
Perry Farm	MFZ	Pork Butt Chop 1/pkg	0.75	lb
Perry Farm	MFZ	Pork Butt Roast	4-6	lb
Perry Farm	MFZ	Pork Fat	2	lb
Perry Farm	MFZ	Pork Ground	1	lb
Perry Farm	MFZ	Pork Ham Roast Bone In	4-6	lb
Perry Farm	MFZ	Pork Ham Steak Bone In	0.50	lb
Perry Farm	MFZ	Pork Hocks	1.25	lb
Perry Farm	MFZ	Pork Loin Chop 2/pkg	1.25	lb
Perry Farm	MFZ	Pork Loin Roast	4-6	lb
Perry Farm	MFZ	Pork Picnic Roast with Rind	4-6	lb
Perry Farm	MFZ	Pork Sausage Honey Garlic 4/pkg	1	lb
Perry Farm	MFZ	Pork Sausage Maple Garlic 4/pkg	1	lb
Perry Farm	MFZ	Pork Sausage Meat Maple Garlic	1.25	lb
Perry Farm	MFZ	Pork Sausage Meat Mild Italian	1.25	lb
Perry Farm	MFZ	Pork Sausage Mild Italian 4/pkg	1	lb
Perry Farm	MFZ	Pork Sausage Oktoberfest 4/pkg	1	lb
Perry Farm	MFZ	Pork Side Pork	1	lb
Perry Farm	MFZ	Pork Side Ribs	1	lb
Perry Farm	MFZ	Pork Stew	1	lb
Perry Farm	MFZ	Pork Whole	Whole	Side
Perry Farm	MFZ	Pork Whole	Whole	Side
Perry Farm	MFZ	Turkey Heart	0.75	lb
Perry Farm	MFZ	Turkey Liver	0.75	lb
Perry Farm	MFZ	Turkey Whole	24-30	lbs
Perry Farm	MFZ	Turkey Whole	20-23.9	lbs

Perry Farm	MFZ	Turkey Whole	16-19.9	lbs
Perry Farm	MFZ	Turkey Ground Thigh	1	lb
Perry Farm	MFZ	Turkey Ground Breast	1	lb
	P	Apples Ambrosia		
	P	Apples Courtlands		
	P	Apples Empires		
	P	Apples Galas		
	P	Apples Honey Crisp		
	P	Apples Macs		
	P	Apples Spartans		
	P	Apples Spies		
	P	Apples Deer		
	P	Arugula		
	P	Arugula Organic		
	P	Asparagus		
	P	Beans Green		
	P	Beans Yellow		
	P	Beets		
	P	Beets Organic		
	P	Blueberries		
	P	Bok Choi Organic		
	P	Broccoli		
	P	Brussels Sprouts		
	P	Cabbage Green		
	P	Cabbage Green Organic		
	P	Cabbage Red		
	P	Cabbage Red Organic		
	P	Carrots Baby Organic		
	P	Carrots Medium Organic		
	P	Carrots Orange		
	P	Carrots Rainbow		
	P	Cauliflower		
	P	Celery		
	P	Cherries		
	P	Corn		
	P	Cranberries		
	P	Cucumbers English Seedless Greenhouse		
	P	Cucumbers Field		
	P	Dill Sprigs		
	P	Eggplant		
	P	Fiddleheads		
	P	Garlic		
	P	Greens Asian Organic		
	P	Greens Beet		
	P	Greens Kale Baby Mix Organic		
	P	Greens Mix Downtown Organic		
	P	Greens Mixed		
	P	Greens Mustard		
	P	Greens Spicy Mixed		
	P	Herb Basil Organic		
	P	Herb Cilantro		
	P	Herb Dill		
	P	Herb Dill Organic		
	P	Herb Mint		
	P	Herb Mint Organic		
	P	Herb Parsley Organic		
	P	Herb Peppergrass		
	P	Herb Sage Organic		
	P	Herb Thyme Organic		
	P	Kale Bunches		
	P	Leeks		
	P	Leeks Organic		
	P	Leeks Wild		
	P	Lettuce Heads Mini Organic		
	P	Lettuce Romaine		
	P	Lettuces Baby Organic		
	P	Lettuces Baby Spring Mix		
	P	Lettuces Mixed		
	P	Melons		
	P	Mushrooms		
	P	Nectarines		
	P	Onions Cooking Red		
	P	Onions Cooking Yellow		
	P	Onions Green		
	P	Onions Spanish Red		
	P	Onions Spanish White		
	P	Parsnips		
	P	Peaches		
	P	Pears		
	P	Peas Green		
	P	Peas Snow		
	P	Peppers Hot		
	P	Peppers Hot Red Chili		
	P	Peppers Sweet Green		
	P	Peppers Sweet Orange		
	P	Peppers Sweet Red		
	P	Peppers Sweet Yellow		
	P	Plums Blue		
	P	Plums Yellow		
	P	Potatoes New Red		
	P	Potatoes New White		
	P	Potatoes Red		
	P	Potatoes Red Organic		
	P	Potatoes Sweet		
	P	Potatoes White		
	P	Pumpkins Pie		
	P	Pumpkin Large		
	P	Radishes		
	P	Radishes Black Spanish		

	P	Radishes Purple Daikon		
	P	Raspberries		
	P	Rhubarb		
	P	Scallions Organic		
	P	Shallots Organic		
	P	Shoots Leek		
	P	Shoots Onion		
	P	Shoots Pea		
	P	Shoots Pea Organic		
	P	Spinach Baby		
	P	Squash Butternut		
	P	Squash Butternut Organic		
	P	Squash Pepper/Acorn		
	P	Strawberries		
	P	Swiss Chard Natural		
	P	Swiss Chard Organic		
	P	Tomatoes Beefsteak Field		
	P	Tomatoes Beefsteak Greenhouse		
	P	Tomatoes Plum Flavourino Greenhouse		
	P	Tomatoes Roma Field		
	P	Tomatoes On The Vine Greenhouse		
	P	Turnips		
	P	Turnips Purple Top Organic		
	P	Turnips Salad Pink Organic		
	P	Turnips Salad Spring Baby Organic		
	P	Turnips Salad White Organic		
	P	Zucchini Green Natural		
	P	Zucchini Yellow Natural		
Native Forest	PC	Artichoke Hearts	280	g
Tillen Farms	PC	Cherries Maraschino	375	ml
Native Forest	PC	Hearts of Palm	280	g
Lindsay	PC	Olives Black Sliced	225	ml
Lindsay	PC	Olives Green Pitted Medium	398	ml
Silver Leaf Organic Olives	PC	Olives Pitted in Oil Organic	340	g
Native Forest	PC	Oranges Mandarin Organic	284	ml
Native Forest	PC	Peaches Sliced Organic	398	ml
Native Forest	PC	Pineapple Chunks Organic	398	ml
Farmer's Market	PC	Pumpkin Organic	397	ml
Farmer's Market	PC	Squash Butternut Organic	397	ml
Farmer's Market	PC	Sweet Potato Organic	397	ml
Eden Foods	PC	Tomatoes Crushed Amber Glass Organic	680	ml
Eden Foods	PC	Tomatoes Crushed Amber Glass Organic	398	ml
Thomas' Utopia	PC	Tomatoes Crushed Organic	796	ml
Ontario Natural Food Co-op	PC	Tomatoes Diced Organic	796	ml
Ontario Natural Food Co-op	PC	Tomatoes Diced No Salt Organic	398	ml
Thomas' Utopia	PC	Tomatoes Diced Organic	796	ml
Thomas' Utopia	PC	Tomatoes Whole Organic	796	ml
Prana	PD	Apples Dried Organic	85	g
Made In Nature	PD	Apricots Dried	170	g
Prana	PD	Apricots Pitted Dried Organic	300	g
Fruit D'Or	PD	Berries Mixed Dried Apple Sweetened Organic	340	g
Eden Foods	PD	Blueberries Wild Dried Organic	113	g
Eden Foods	PD	Cherries Montmorency Dried Organic	113	g
Wildly Canadian	PD	Cranberries Dried	170	g
Fruit D'Or	PD	Cranberries Dried Apple Sweetened Organic	113	g
Wildly Canadian	PD	Cranberries Dried Organic Unsweetened	170	g
Made In Nature	PD	Cranberries Dried Unsweetened	113	g
Prana	PD	Dates Medjool Dried Organic	250	g
Prana	PD	Figs Dried Organic	250	g
Prana	PD	Raisins Sultana Organic	300	g
Ontario Natural Food Co-op	PD	Raisins Thompson Seedless Organic	1	Kg
Prana	PD	Tomatoes Sundried Organic	200	g
Stahlbush Island Farms	PFZ	Beans Green	350	g
Stahlbush Island Farms	PFZ	Broccoli Florets	350	g
Norfolk Cherry Company	PFZ	Cherries Sweetened	5	Kg
Norfolk Cherry Company	PFZ	Cherries Unsweetened	5	Kg
Local Family Farms	PFZ	Corn	1	lb
Bezanson & Chase Cranberry Company	PFZ	Cranberries	1	lb
Mackellar Farms	PFZ	Edamame In The Pod	400	g
Stahlbush Island Farms	PFZ	Peas Green	350	g
Ontario Natural Food Co-op	PFZ	Raspberries Organic	300	g
Bremner's Foods	PFZ	Raspberries Organic	300	g
Stahlbush Island Farms	PFZ	Raspberries Red	300	g
Stahlbush Island Farms	PFZ	Spinach Cut	350	g
Stahlbush Island Farms	PFZ	Squash Butternut	350	g
Local Family Farms	PFZ	Squash Cooked & Pureed	1	lb
Stahlbush Island Farms	PFZ	Strawberries	300	g
Bremner's Foods	PFZ	Strawberries Organic	300	g
Stahlbush Island Farms	PFZ	Vegetables Mixed	350	g